



May 2023
Vol. 23 Issue 7

Pass It On

Albuquerque AA Intergroup Central Office Newsletter
<https://www.albuquerqueaa.org/>
Central Office, 1921 Alvarado Dr. NE, Albuquerque, NM
505.266.1900

AA News

- The Central is actively seeking candidates for the position of Alternate Coordinator. Must have 2 years continuous sobriety, be a member of a listed A.A. group, and have previous experience working at Central Office.
To apply, submit resume to Central Office, 1921 Alvarado Dr NE, Albuquerque, NM 87110 or email coordinator@albuquerqueaa.org
- The 2023 Intergroup Steering Committee has vacancies for the Intergroup Liaison, Accessibilities Chair, and Newsletter (Pass It On) Editor positions. If you or someone you know are interested in one of the open positions, please contact Central Office or let the Nominating Committee know at abqaacentraloffice@gmail.com
- Central Office Intergroup meetings are always on the second Sunday of every month on Zoom at 2 p.m. If you are an Intergroup Representative or would like login information please email: secretary@albuquerqueaa.org
- District 12 will host the Area 46 assembly on August 2-4, 2023. If you are interested in helping with set up, please email Hanna at hanna@onethemove.studio

Greetings from your interim editor

Hello fellow trudgers on the path of happy destiny! I am grateful for the opportunity to edit the May 2023 edition. Following in the tradition (we love our traditions, don't we?) of AA publications, this month's edition will focus on the 5th Step, the 5th Tradition, and the 5th Concept.

My name is Malcolm A., my home group is the Isleta Group in the South Valley, and I am privileged to serve as your Intergroup Media Librarian and interim Pass It On Editor. It is my hope that this newsletter will help disseminate information to those groups within our Intergroup Area (Districts 3, 11, 12, 13, 17, and 18) who might not have an Intergroup Representative. The most recent Profit and Loss statement for Central Office and a monthly listing of groups that have contributed to the Intergroup will be a regular feature. In addition, our Community Outreach Chair, Jaclyn S. announces the launch of "Tell Your Doctor," an initiative to educate the medical community about AA and to help extend the hand of AA to those still suffering.

For more information about meetings, events with our Intergroup area please visit <https://albuquerqueaa.org/> or scan the QR code below

If you have any article submissions, suggestions for improvement, wish to contribute a personal story, or comments, please feel free to email me at: media@albuquerqueaa.org

In love and service,

Malcolm A.



Step Five

"Admitted to God, to ourselves, and to another human being, the exact nature of our wrongs."

Reprinted from The Twelve Steps and Twelve Traditions, page 55 with permission of A. A. World Services, Inc.

Tradition Five

"Each group should have but one primary purpose—to carry its message to the alcoholic who still suffers."

Reprinted from The Twelve Steps and Twelve Traditions, page 150 with permission of A. A. World Services, Inc.

Concept Five (short form)

"Throughout our structure, a traditional 'Right of Appeal' ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration."

Reprinted from the A.A. conference approved pamphlet (P8) The Twelve Concepts for World Service Illustrated

Launching "TELL YOUR DOCTOR"

I am the recently appointed Chair of the Community Outreach Committee for Albuquerque Intergroup. This committee is initiating an outreach effort called "Tell Your Doctor", and we would like as many A.A. members as possible to participate! This is what we need volunteers to do: (1) When you next see your family medical provider or GP, make sure he/she/they know that you are a sober alcoholic, and that this fact appears prominently in your medical chart. (2) Briefly share what it was like when you were drinking, what happened that caused you to seek sobriety, and how A.A. has helped you to get sober and stay sober. (3) Leave some printed materials with the doctor. We will have these materials available for you to pick up either at the Central Office, or at one of your meetings from the GSR. Sharing this information with your doctor is important. If you are in an accident, need surgery, or are suffering chronic pain, the

doc will know to prescribe medication of a type and in a dose that will not threaten your sobriety. In addition, many physicians have had little or no formal training in alcohol addiction and may not know anything about A.A., yet they no doubt frequently encounter patients who are drinking to excess or are active alcoholics. *By telling your physician the highlights of your "story", you will do more to advance his/her understanding of our disease and the value of Alcoholics Anonymous than any letter which the Outreach Committee could write or even the literature which we are asking you to deliver. **What you share will be personal, heartfelt, and absolutely memorable.***

Here are a couple of caveats:

(1) We do not want anyone to have to pay to be of service. So, don't make an appointment UNLESS you have a medical reason to do so and are planning to see the doctor anyway. However, if you have health insurance and your provider allows you to have an annual exam/physical without a co-pay, this kind of visit would be a great opportunity to talk with the provider. (2) I understand that most doctors are allowed only 12.5 minutes with each patient they see! So, decide in advance what parts of your story are most important. Please spread the word about "Tell Your Doctor" in the meetings you attend! If you have questions that I have not answered, if you want to share about your experience with the doctor, or if the doctor would like more information or additional literature for his/her office, please contact me at: communityoutreach@albuquerqueaaa.org. Thank you so much for your help!

In grateful service,
Jaclyn S.

Central Office of Albuquerque, Inc. Summary Report

Profit and Loss for the Fellowship April 2023

	APR 2023	JAN - APR, 2023 (YTD)
Revenue		
43400 Contributions	\$5,506.54	\$21,158.69
43452 Other Income	18.08	1,032.61
46400 Sales of Inventory	5,530.38	15,513.48
Total Revenue	\$11,055.00	\$37,704.78
Cost of Goods Sold	\$4,044.61	\$10,745.75
GROSS PROFIT	\$7,010.39	\$26,959.03
Expenditures		
60900 Business Expenses	211.99	974.11
65000 Office Expenses	1,067.44	5,161.56
65100 Other Expenses	138.75	138.75
66000 Payroll Expenses	4,497.46	18,061.52
Total Expenditures	\$5,915.64	\$24,335.94
NET OPERATING REVENUE	\$1,094.75	\$2,623.09
NET REVENUE	\$1,094.75	\$2,623.09

April contributions were strong. We are grateful to the groups and individuals for supporting Central Office.

April sales were also strong, which reflects groups and individuals getting better prices before the World Service price increase kicks in May 1st.

April payroll reflects the pay raise to the Coordinator. Other expenses were as expected. Net income for the period and the year is still positive.

Accrual Basis Wednesday, May 3, 2023 01:28 PM MDT

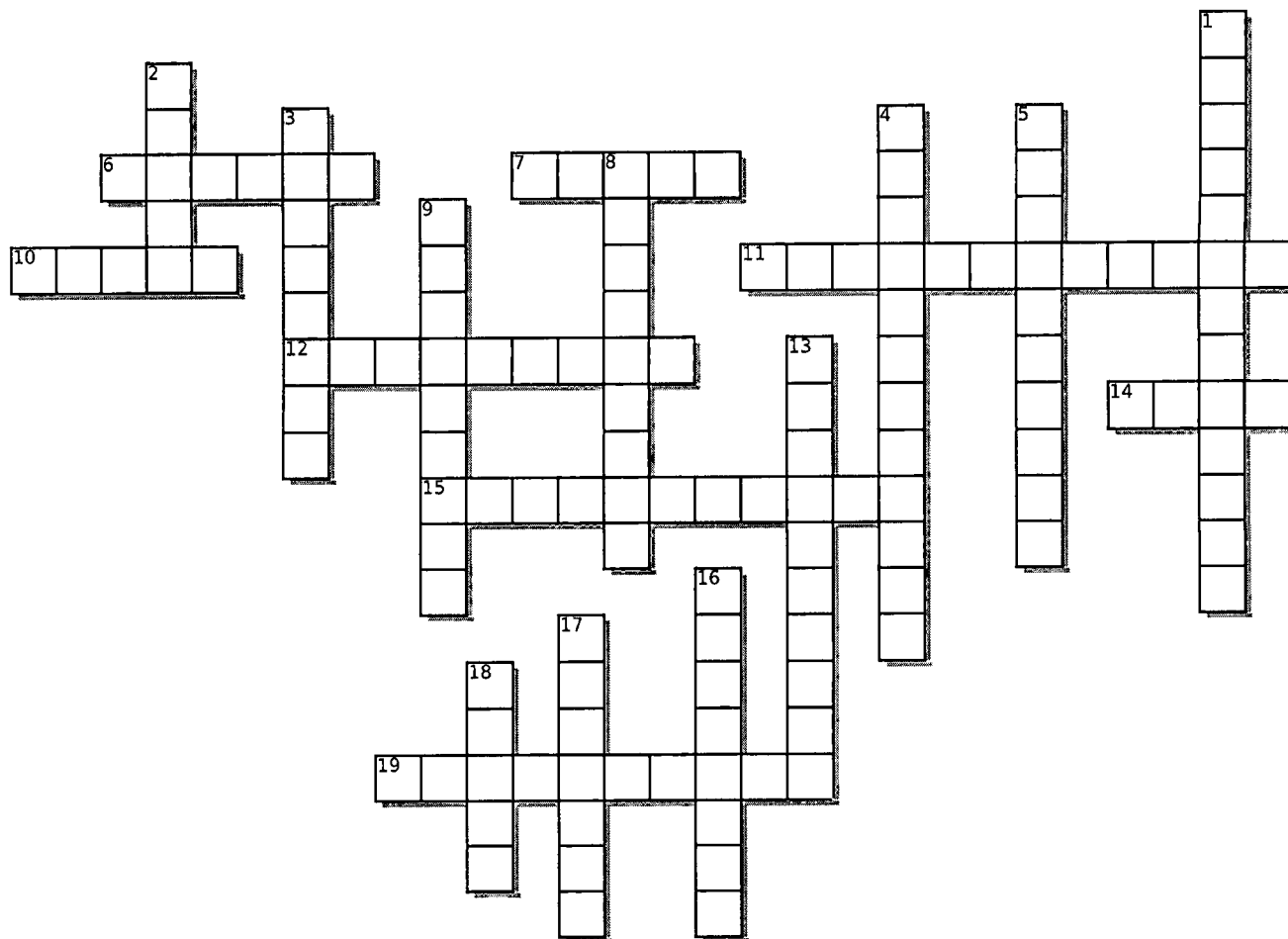
Groups with 7th Tradition Contributions - Thank you! April 2023

AA at the VA	Goodfellas
Any Willing Newcomer	Members, Individual
Beginner's Meeting	Queer Ideas Of Fun
Blackouts Performances	Serenity At Sunrise
Bring Your Own Donuts Group	Sober Elements
Children of Chaos	Staying Sober at Sunrise
Dawn Patrol	Sunrise Catchers
Downtown Lunch Bunch	Wake Up Call
Dry Nooners	Westside AA
Foothills Group	Women's Gratitude Group
Freedom from Bondage	

Note: We are grateful for your 7th Tradition contributions. If our data entry is incorrect, please contact either Steve V at coordinator@albuquerqueaa.org or Gary T. at treasurer@albuquerqueaa.org. We are dedicated to accuracy and completeness in reporting the Fellowship's contributions.

May Pass It On Crossword

From the Big Book



ACROSS

- 6 Liquor ceased to be a _____; it became a necessity
- 7 It is a spiritual _____ that every time we are disturbed, no matter what the cause, there is something wrong with us
- 10 We have learned that whatever the human frailties of various _____(s) may be, those _____(s) have given purpose and direction to millions. People of _____ have a logical idea of what life is all about
- 11 The Four Horsemen: Terror, _____, Frustration, and Despair
- 12 _____ truly introduces us to ourselves.
- 14 First of all, we had to _____ playing God
- 15 However _____ we may have been in other respects, where alcohol has been involved, we have been strangely insane. It's strong language - but isn't it true?
- 19 Our book is meant to be _____ only

DOWN

- 1 Principles before _____
- 2 They are not at _____, they seem to have been born that way.
- 3 Clear away the _____ of your past
- 4 Life will mean something at last. The most _____ years of your existence lay ahead.
- 5 Each day, somewhere in the world, recovery begins when one alcoholic talks with another alcoholic, sharing _____, strength, and hope
- 8 When I am willing to do the right thing, I become restless, _____, and discontent.
- 9 The idea that somehow, someday he will control and enjoy his drinking is the great _____ of every abnormal drinker
- 13 And _____ is the answer to all my problems today
- 16 We feel that a man is unthinking when he says _____ is enough
- 17 I learned that alcoholism isn't a sin, it's a _____
- 18 If we were to live, we had to be free of _____