

Pass It On...

Albuquerque Central Office Newsletter

Website: www.albuquerqueaa.org



Bill's Wife Remembers When He and She and the First A. A.s Were Very Young

December 1944 Vol. 1 No. 7

As the wife of an early A.A., some of our experiences and my reactions to my husband's changed life may be interesting to other wives. Bill was an alcoholic, I believe, from the first drink he ever took, just a few months before our marriage. From then on, for seventeen years, I did everything I could think of to keep him away from liquor.

I will tell a little of our life before A.A. to help explain some of my later emotions. Bill and I had no children, so I soon felt that my job in life was to help Bill straighten himself out. As time went on, he earnestly tried to stop drinking. He was always very remorseful and perplexed the mornings-after. We would then resolve to lick this liquor situation together, launching off on some new tack.

As his drinking got worse, all decision and responsibility had to be taken by me. It was lucky that we were companionable, for gradually as our social contacts were broken we were thrust back on each other for company. In order to get away from alcohol over the week ends, I used to engineer some sort of outing, as we both loved the

outdoors. If our pocketbook was flat, we might take the subway to the Dyckman Street ferry and hike along the Palisades to some scenic spot where we would nibble our sandwiches and gaze at the view. Or we might ferry to Staten Island and walk there; perhaps broiling a steak over a campfire. We have hired a rowboat at Yonkers and, using a bath towel as a sail, floated up the Hudson, to a spit of land near Nyack, where we camped and tried to sleep. We once went so far to get away from alcohol that we both gave up our jobs and took a whole year off. This we spent motorcycling and camping over half the United States.

These trips, although good for Bill's health, did nothing towards his permanent sobriety. In fact, his alcoholism grew steadily more serious. He lost job after job until I became entirely hopeless about him.

And then suddenly and finally Bill straightened out through the help of an old friend. At once I was convinced of his complete change and was of course extremely happy. Bill began to go to religious meetings and to

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November 2008

We need your help!

If your group is no longer meeting, please be sure to let the Central Office know so that the meeting schedule can be updated.

Thanks!!!

266-1900

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Albuquerque Central Office Contributors January Through September 2008

Alameda Men's Stag	\$200.00	Promises Group	600.00
Back to Basics – Albuq.	250.00	Queer Ideas Of Fun	50.00
Basement Steps Group	115.00	Refuge Group	60.00
Brownbaggers	57.87	Rio Amigos Group	40.00
Came to Believe Group – Estancia	10.00	Rio Rancho Beginners Group	62.00
Campus Step Study	13.10	Rio Rancho Women's Group	61.00
Corrales Group	217.00	S.O.S. Monday Men's Group	75.00
Corrales Men's Stag	125.00	Seeking Serenity	690.00
Corrales Smokefree Group	160.15	Seniors Seeking Serenity	676.50
Cosmopolitan Group	174.16	Serendipity Group	328.86
Dawn Patrol	1,836.91	Serenity Group of Albuq.	140.62
Dawning Promises	93.33	Share the Legacy	100.00
East Mountain Group	246.00	Sandia Serenity Study Group	50.00
El Centro Group	175.00	Sober Valley Group	90.00
Edgewood Valley Group	110.50	Staying Sober at Sunrise	86.00
Foothills Group	3,995.42	Sunday Night Serenity	150.00
Friday Night Lite	50.00	Sunday Night Step Study	218.02
Free Spirits Group	98.00	Women's Noon Gratitude	20.00
Freedom From Bondage	450.00	Sunrise Sobriety	312.00
Friday Night Smokeless	120.00	Taylor Ranch Fellowship	25.00
Girl's Night Out	100.00	The Ladies Room	250.34
Good Fellows Group	50.00	Tuesday 12 & 12	56.18
Group 164	70.00	Three Legacies Group	25.00
Happy Destiny Group	1,498.00	Triangle Group	50.00
Happy Hour Group	57.04	Tuesday Knights	50.00
Happy Valley Group	69.99	Women on Wednesday	10.00
High Country Group	100.00	Westside AA	337.50
High Noon Group	285.00	Westside Noon Group	295.00
How It Works	308.80	Wake Up Call Group	70.00
Isleta Group	211.04	Women's Group – Rio Rancho	40.00
Isleta Pueblo Group	4.00	Zia Pueblo Group	25.00
Jemez Springs Group	20.00	Group Totals	\$18,241.25
Kiva Group	50.00	Individual Contributors	\$1,764.52
Live and Let Live	117.17	Faithful Fivers	\$660.00
Lone Rangers Group	630.75	Special AA Event Contributions	\$1,356.80
Ladies of Peaceful Serenity	50.00	Other AA Contributors	\$363.64
In The Group	20.00		
Magdalena Group	190.00		
Mountainside Group	38.00		
New Frontier Group	250.00		
New Freedom Group	100.00		
One Day At A Time	300.00		
Placitas Group	180.00		

*Thank you all for your
contributions!*

Central Office Steering Committee E-mail addresses:

Michael W. - CO Coordinator
Coordinator@albuquerqueaa.org

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AltCoordinator@albuquerqueaa.org

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Albuquerque Area Business Meetings

Intergroup Rep. Meeting
2:00 pm, 2nd Sunday
Desert Club

District 3
2:00 pm, 2nd Saturday
call the DCM for location

District 11
9:00 am, 2nd Saturday
Harwood Methodist Church
420 San Lorenzo NW (at 4th)

District 12
9:30 am, 2nd Saturday
St. Bernadette's
11401 Indian School NE

District 13
10:00 am, 2nd Sunday
Desert Club

District 18
9:30 am 4th, Sunday
Rio West Church
6751 Pasilla Rd., RR, NM

Excerpts from Alcoholics Anonymous, Twelve Steps and Twelve Traditions, As Bill Sees It, are printed with permission of AAWS, Inc. Excerpts from The Grapevine, are printed with permission of the AA Grapevine Inc.

Central Office Intergroup Meeting Minutes

10.12.08

Submitted By Brian H. – Secretary

Dave C - Chair

Dave opened the meeting at 2:02 with the Serenity Prayer. Introductions all around.

Secretary - Brian H

Review of minutes for September meeting minutes as published in October *Pass It On*. Minutes approved by acclamation.

Treasurer - Steve P

Fairly deeply in the red for the month/year. Group/Individual contributions are way down. Have authorized a transfer of money from prudent reserve to keep things liquid in checking account through the end of the calendar year. Will reassess where things stand, seeking to balance the prudent reserve, at the outset of the new year? Does Central Office make a profit on literature sales: not much, price reflects cost of item and shipping/handling expenses. Thanks to all groups and individuals for your generous contributions. Treasurer's Report accepted by acclamation.

7th Tradition Basket Passed.

Service Coordinator - Michael W

Not present.

Alternate Coordinator - Kathy H

Thanks for all the support. Michael has been working half days as he feels able; Kathy covering balance. The support of the fellowship has been really awe-inspiring. Activity Report: a little higher in terms of calls. Volunteers about average; always welcome additional volunteers – contact Central Office for details on how to volunteer. If you know of anyone in need of service work, send them to Central Office! Grateful to be of service.

Activities Coordinator – Martha G

(Interim) Polly P – Traditions Workshop: This Weekend – Very successful, thanks to the efforts and generosity of a broad range of

volunteers. Will donate approximately \$500 generated by event. District 11 will sponsor December InterGroup Speaker meeting. December 13 – St. Tim's – Potluck at

6 pm; Speaker (Skitch) at 7:30 pm; Raffle afterwards. November 1 – Old Timer's Meeting – Monte Vista Church: confirmed. Planning for Alkathon continues. Contact Martha G or Central Office to become involved. Meeting Sign-Ups available; contact Martha or Central Office for details. More will be revealed.

Member at Large - Martha G

Please continue to let people know about the opportunity to serve as Activities Coordinator, as well as the many opportunities to volunteer at the Alkathon.

Pass It On Editor - Sally

Current *PIO* available at Central Office as well as online. Haven't had any submissions for the Corrections Corner, so that feature is retired until submissions resumed.

Schedule Editor – Michael Q

Fall schedules available; new desk schedule available. Please cross-check your meeting's information in both the print version of the schedule as well as the on-line schedule. If anything needs to be corrected, please contact the Schedule Editor. We rely upon groups to maintain the accuracy of group listings. Please also confirm whether or not your meeting facility is handicap accessible and let us know so that we can list your meeting accurately.

Community Outreach - John S

Not presents; no requests in the past month. Kathy H met the needs of one walk-in request.

Special Needs – Peggy

Not much to report this month. See schedule request above.

Library - Grace L

Received query: Do we have a catalog of speaker tapes available on the internet? Good idea for some point in the

future. Service opportunity to build database of speaker tapes/cds. Lots of opportunities for service; contact Grace L or Central Office to become involved.

Web Guardian - Tom

Front desk computer/database up to date; *PIO* up online (archive reaches back 2 years). Please utilize the bulletin board to publicize Website is basically up-to-date. Service opportunity to help Tom C as web guardian on maintaining website; contact Tom C or Central Office for details. Thanks for the opportunity to serve.

Old Business

No Old Business.

New Business

Steve P (Treasurer): Please pass the word about how far group/individual contributions are. Worth spreading the word at the District and Group level about the need.

Group Announcements

Jemez Springs will be hosting a Sponsorship Workshop. District 13 in need of a Treasurer. NMCYPAA will be having fundraisers in the coming months; planning meetings bimonthly on Saturdays at the Heights Club.

Dave C closed the meeting at 2:31 pm with the Serenity prayer.

ATTENDEES:

Dave C (Dawn Patrol/Chair)
 Dondo (Happy Hour/Alt. Dist 12)
 Rudy B (Queer Ideas of Fun)
 Dave R (Queer Ideas of Fun)
 Jim O (Live & Let Live)
 Henry L (Seeking Serenity)
 Greg D (Dist 18/12x12)
 Joseph F (Dawn Patrol)
 Ben A (How It Works)
 Doug P (Lone Rangers)
 Tom N (High Noon)
 Michael Q (Dawn Patrol/CO Schedule Editor)
 Jason K (Straight Pepper Diet)
 Tom C (Basement Steps/CO Web Guardian)
 Jeremy H (Straight Pepper Diet)
 Kathy H (Metropolitan/Alternate Coordinator)
 Steve P (Free Spirits/CO Treasurer)
 Kate M (Corrales Smoke Free)
 Brett B (Serendipity/District 11)

The following contributed to Central Office.....

This data is from July 1 to July 31, 2008 and is inclusive for the entire calendar month!

Groups:

- A New Freedom
- Area 46 CPC
- Beginners Group
- Corrales Smokefree (x2)
- Dawn Patrol (x2)
- Dawning Promises
- El Centro
- Foothills Group
- Freedom From Bondage
- In the Book
- Isleta Group
- Live and Let Live
- Lone Rangers
- New Frontier
- One Day at a Time
- Promises Group
- Queer Ideas of Fun
- Serendipity Group
- Sunday Night Step Study
- Sunrise Sobriety
- Triangle Group
- Women on Wednesday

Individuals:

- Anonymous (x2)
- Anthony
- Clara
- Emma D.
- John F.
- Michelle

Nancy
Robert U.

Faithful Fivers:

- Al. J.
- Andrew S.
- Andi & Pam B.
- Catherine A.
- Cecelia D.
- Dan O'.
- Dave N.
- Emma D.
- Ilse G.
- Jeanne Mac.
- Jim F.
- John K.
- Karen R.
- Mary Ann Mc.
- Merle P.
- Mike D.
- Nance C.
- Partha B.
- Phil & Barbara C.
- Ralph & Gwen T.
- Rojo R.

Thank you all for supporting your Central Office!!!!

**Central Office of Albuquerque
Treasurers Report: September 2008**

Total Contributions/Sales	\$ 6,068.38
Total Cost of Sales	\$ 3,148.96
Gross Income	\$ 2,919.42
Total Expenses	\$ 4,974.49
Net Income	- \$ 2,055.07

For a copy of the full Central Office income/expense report, please join us at the next Intergroup Committee Meeting. It's the second Sunday of the month , 2 pm, at the Desert Club.

September '08 Desk Activity

	Sept '08	Aug '08	Sept '07
	This month	Last month	Last yr.
Phone calls	1069	1215	1222
Information	1069	1022	994
12 step request	16	17	19
AI-Anon Info	15	15	25
Message	27	36	34
Other	94	125	159
Walk Ins	248	279	236
Information	15	17	24
12 step	1	4	3
AI-Anon	5	4	0
Schedules	9	29	0
Purchases	169	165	142
Tapes	2	3	2
Message	2	0	0
Casual	25	29	37
Other	22	28	25
Desk Workers*	92	90	
Regulars	50	50	
Substitutes	42	42	
Desk Shifts*	172	176	
Weekdays	132	126	
Weekends	40	50	
Weekday Shifts*	132	126	
Regulars	77 % 107	86% 108	
Substitutes	23 % 25	18 % 14	
Weekend Shifts*	40	50	
Regulars	75% 32	76% 38	
Substitutes	25% 8	24 % 12	
Shifts by Michael*	3/9 hrs	5/15 hrs	
Shifts by Kathy*	4/12 hrs	3/12 hrs	

Thanks to all who participated this month.

* includes night phone

Bill's Wife Remembers When He and She and the First A. A.s Were Very Young *cont. from page 1*

work feverishly with alcoholics. I would go to meetings too and would try to share his newfound enthusiasms. He always had some drunk in tow and would work all night or get up in the middle of the night to go to the suburbs if one called him. We had drunks all over the house; sometimes as many as five lived there at one time.

One drunk committed suicide in the house after having sold about 700 dollars worth of our clothes and luggage. Another slid down the coal chute from the street to the cellar when we refused him the front door. Two others took to fighting, and one chased the other all around the house with a carving knife. The intended victim was saved by a third drunk, who delivered the knife-minded one a knockout blow. An alcoholic who was living in the basement was invited up for a pancake breakfast. After eating his share, he suddenly put on his hat and started out of the door remarking that he was going to Childs for PLENTY of pancakes.

Bill had found himself a job about this time; and it used to take him away from home a great deal and I was left with one or more alcoholics to look after. Once one of these boys lay in the vestibule all night and screamed invectives at me because I would not let him in. He was so loud the passers-by all stopped, looked and listened. Another time it was 4 a.m. before I succeeded in towing a drunk home. He was anxious to be at his job the next morning and we had gone out around midnight to look for a doctor, having been unable to get one to come to the house at that hour. I helped his shaky steps up and down stoops, lit his cigarettes for him and finally, when we could not rouse a doctor, held a drink to his lips in a bar.

When I asked him how he then felt he said, "Well, a bird can't fly on one wing." After a few more drinks I managed to get him home, but he did not get to his job the next morning. I was once suddenly taken sick, and when my sister arrived to nurse me she found five men milling around in the living room, one of them muttering, "One woman can look after five drunks but five drunks cannot look after one woman."

Now to describe my reactions to it all. When Bill first sobered up I was terribly happy but soon, without my realizing it, I began to resent the fact that Bill and I never spent any time together any more. I stayed at home while he went off somewhere scouting up new drunks or working with old ones. My life's job of sobering up Bill with all its former responsibilities was suddenly taken away from me. I had not yet found anything to fill the void. And then there was the feeling of being on the outside of a very tight little clique of alcoholics into which no mere wife could possibly enter. I did not understand what was going on within myself until one Sunday, Bill asked me to go with him to a meeting. To my own surprise as well as his I burst forth with, "Damn all your meetings," and threw my shoe at him as hard as I could.

This bad display of temper woke me up. I realized that I had been wallowing in self pity; that Bill's change was simply miraculous; that his feverish activity with alcoholics was absolutely necessary to his sobriety; and that if I did not want to be left way behind I had better jump on the bandwagon, too!

Bill W.'s wife, Lois Wilson

Announcements, Reminders, Birthdays, etc.

Seniors Seeking Serenity

Sue B. 11/24/77
 Marshall 11/17/80
 Jonny S. 11/11/81



The Ladies Room

Lynn H. 3 months
 Kathi J. 5 years

Corrales Group

Jim F. 11/11/68 40 years

Become a Faithful Fiver !!

Just pledge \$ 5.00 a month to the support of helping alcoholics who still suffer.



It's tax deductible and you'll get the *Pass It On* newsletter delivered to your door.

Checks payable to: Albuquerque Central Office. *Thanks for your support!*

3rd Step Experience

hosted by High Noon Group

Sunday November 16, 2008

1:30 p.m. - 3:15 p.m.

Desert Club

4305 Mesa Grande Pl. SE

Panel:

Tom N., Stacy N., Charlie W.

For more information call:

Patrick @ 315-1652 or Wally @ 410-4868

Committees are now being formed to make this year's Alkathon the best ever.

Please call Martha G. at 804-2852 or Central Office at 266-1900 if you would like to lend a hand!

District 11

is hosting the **Central Office Intergroup** Speaker Meeting

Saturday December 13th

Potluck 6:00 - Speaker 7:30 pm

Speaker: Skitch F.

at St. Timothy's
 (Copper and Jefferson)

Raffle to follow

raffle items needed: to donate call Central Office 266-1900

New Meeting!

Wednesdays at 7:00 pm

Singleness of Purpose Group

Rio Vista Church of the Nazarene

8701 Golf Course Rd. NW

Albuquerque, NM 87114

(just North of Carl's Jr.)

For more information contact:

Caroline P. @ 890-5132 or

Julie D. @ 489-4263

AA Newcomer Workshop

Hosted by Seeking Serenity Group

Saturday December 6th 9 - 11 AM

8:30 Doors open for coffee and donuts

Nativity Church Pastoral Center 9502 4th Street NW (4th and Alameda)

This is an OPEN workshop for ANYONE wishing to learn more about “How Alcoholics Anonymous can work for you.”

Come with questions, leave with answers.

Contact: Tom G. 453-6886

2009 Celebrate Sobriety

Albuquerque Intergroup

New Year's Eve Alkathon

Dinner, Dance, Live Entertainment and Open Mic

Marathon Meetings

Wednesday December 31, 12 pm

until Thursday January 1, 12 pm

Monte Vista Christian Church 3501 Campus Blvd. NE

Sign your group up now to sponsor a marathon meeting.

Raffle tickets available for purchase. Volunteer opportunities available.

Call Central Office 266-1900 or Martha G. 804-2852

Albuquerque Central Office Newsletter

1921 Alvarado NE
 Albuquerque, NM 87110
 (505) 266-1900

Address Correction Request



<h2 style="margin: 0;">Pass It On Subscription</h2> <h2 style="margin: 0;">Only \$7.00 Annually</h2>			<p>The Central Office of Albuquerque is open:</p> <p><i>Monday through Friday</i></p> <p style="text-align: center;">8:00 am to 10:00 pm</p> <p><i>Saturday and Sunday</i></p> <p style="text-align: center;">9:00 am to 9:00 pm</p> <p style="text-align: center;">• • • • •</p> <p>The Central Office is located two blocks north of Constitution and four blocks east of San Mateo.</p>
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