



Pass It On

August
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albuquerqueaa.org

Albuquerque AA Intergroup Central Office Newsletter

505.266.1900

Step 8 Made a list of all persons we had harmed, and became willing to make amends to them all.

Tradition 8 (*Short Form*) Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers. (*Long Form*) Alcoholics Anonymous should remain forever nonprofessional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. Twelfth Step work is never to be paid for.

Concept 8 (*Short Form*) The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities. (*Long Form*) The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.

WHAT IS CENTRAL OFFICE?

by Mike W., Intergroup Chair

The idea occurred to several of us that it might be a good idea to describe what Central Office (CO) is and some of the services it provides. One thing that needs to be explained upfront is that for our purposes Intergroup and Central Office are both part of the same organization structure.

Below you will find the definition of Central Office as provided by The General Service Office (GSO) in New York:

A central office (or intergroup) is an A.A. service office that involves partnership among groups in a community - just as A.A. groups themselves are partnerships of individuals. A central office is established to carry out certain functions common to all the groups - functions which are best handled by a centralized office - and it is usually maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.

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The above definition is general but it does provide a good guideline for what a Central Office is

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FROM THE EDITOR

Some more **PIO changes**: A monthly Central Office “Financial Snapshot” (below) and a disclaimer (also below).

Half of the **Central Office Steering Committee** positions will be coming up for election in December, so it’s time to start thinking about doing some service work for the groups and districts in the Albuquerque Area. The article “What Is Central Office” (page 1) gives a good overview of what Central Office does, and there will be an article next month about what steering committee positions are up for grabs this year. The **Pass It On Editor** position is one that’s open - I’ve put in 2 two year terms, and it’s time for someone else to take the reins. If you’re interested, please email me at passiton@albuquerqueaa.org and I’ll fill you in on the details.

Sobriety Birthday submissions are meager, but **article submissions** are coming along fine.

Submissions for the **AA Event Calendar** (page 6) are another matter. If I relied on events directly submitted to me, there would be *exactly 2 events listed!* When you are making flyers, emailing El Farolito and the Area 46 and Central Office Websites, PLEASE include passiton@albuquerqueaa.org in the loop. Pass It On has a circulation of over 600 copies (including both print and web), and is a useful tool to get word out about your Group or District event.

CENTRAL OFFICE FINANCIAL SNAPSHOT

	June 2015	YTD 2015
Total Revenues-----	\$8141.89	\$47400.35
Total Cost of Sales-----	\$2480.55	\$15968.67
Gross Income-----	\$5661.34	\$31431.68
Total Expenses-----	\$6433.84	\$35616.48
Net Income/Loss-----	(\$772.50)	(\$4184.80)

DISCLAIMER: The opinions expressed in Pass It On are solely those of the individual author and do not necessarily represent those of the Editor, Central Office, Area 46, any specific group or AA entity, or of AA itself...and in no way does publication imply endorsement of such opinions.

Central Office Intergroup Steering Committee

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Secretary@albuquerqueaa.org

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Debra - **Alternate CO Coordinator**
AltCoordinator@albuquerqueaa.org

Rojo - **Intergroup Liaison**
intergroupliaison@albuquerqueaa.org

Albuquerque Area
 Business Meetings

Intergroup Rep. Meeting
 2 pm, 2nd Sunday, Brownbaggers

District 3 - 2 pm, 2nd Saturday
 Call the DCM for location

District 11 - 9 am, 2nd Saturday
 Harwood Methodist Church
 420 San Lorenzo NW (at 4th)

District 12 - 10:15 am, 2nd Saturday,
 Heights Club, 8520 Marble NE in Rm #3

District 13 - 10 am, 2nd Saturday, St
 Thomas of Canterbury (2nd floor)
 425 University Blvd NE (1 blk N of
 MLK Blvd)

District 18 - 10:30am, 2nd Saturday,
 United Methodist Church, 136 West
 Calle Don Andres, Bernalillo

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WHAT IS CENTRAL OFFICE?

(continued from page 1)

designed to do. More specifically Central Office provides literature to the groups it serves, generally, at a lower cost than if an individual group attempted to purchase literature from GSO. In addition to literature Central Office provides a dedicated telephone for the purpose of providing 12 step services, information about meetings and other AA related events.

Central Office is governed by The Albuquerque Intergroup, which is a registered group of Alcoholics Anonymous. The group consists of 13 steering committee members and group representatives from the groups in the Albuquerque area. The Central Office is operated by two paid workers who are also steering committee members. Additionally volunteers man the phones and serve as desk workers to assist individuals who call or walk in to CO. Central Office also publishes this newsletter. Most of the services provided by Central Office require the assistance of volunteers. The paid worker's salaries are provided through monies received from sales of literature and from contributions from the area groups and individual AA members. It should be noted that the steering committee acts and exists at the behest of Intergroup. The quality of service increases as group participation increases via intergroup representatives. It is the groups that determine how Central office is run. It is important to always remember that in Alcoholics Anonymous the group is the strongest link in the chain and without groups there would be no Alcoholics Anonymous

The existence of a Central Office in a large metropolitan area such as Albuquerque is an important and indispensable part of carrying the message to the still sick and suffering alcoholic. Service is an important part of the AA legacy and Central Office is an important part of the service structure.

CENTRAL OFFICE NEEDS REGULAR AND SUBSTITUTE DESK WORKERS

Requirements for this service opportunity are six months of sobriety, a sponsor and a home group. A

desk shift at Central Office can enhance your sobriety. It can broaden your view of the service structure of your group, your district and your area. And it's fun! Call Central Office today at 266-1900.

TRADITIONS 4 AND 5 by David G.

Traditions 4 "Each group should be autonomous except in matters affecting other groups or AA as a whole." and Tradition 5 "Each group has but one primary purpose-to carry its message to the alcoholic who still suffers."

These traditions have had a major impact on my life and my sobriety because of the place they have in my Homegroup. We are a closed men's group of Alcoholics Anonymous in Albuquerque, NM.

We started on July 4th, 2002, with about 7 or 8 men who didn't know each other all that well. Now we often get between 40 and 60 men at our weekly Thursday night meeting. Probably half of those fellows know each other very well.

We have, by group tradition, always been autonomous. We do not do a lot of things that a lot of other groups do, such as the automatic Circle of Love donations, Grapevine subscriptions, and birthday announcements in newsletters, etc. We probably buy a case or three of mini Big Books every year from Albuquerque Central Office. We give them to any man who wants to pick it up with a smiling suggestion that they read the black part. We have a relationship with the Good Shepherd Shelter for the Homeless. For several years now we have taken a meeting into that facility and we share that commitment with another Men's group. Now there are 10 or so of the residents attending our meeting on Thursday as well and some more men who have become "alumni" of the Good Shepherd.

The weekend after July Fourth we have our annual Retreat and cook-out in the Jemez mountains. We have a meeting and it is usually one of the best of the year. In the fall we have another cookout and picnic in the Sandias for the whole family so that our loved ones can see what we look like. Bill B. brought these traditions to us from his old home group in Michigan; it seems to be working for us here. We have found it best to let our friends recommend us.

Central Office encourages all groups to elect an Intergroup representative. Join us at the next Intergroup meeting the second Sunday of every month, at 2 pm, at the Brownbaggers.

AA Member Speaks by Elizabeth E.

The opinions expressed here are those of the AA member only. We all work our program differently.

July Question of the Month: "Which tradition has had the most meaning for you?"

1. Ann B "Tradition 2 and 4 have the most meaning to me. Tradition 2, which reminds me that our HPs are in charge, not us, freeing us from ego and self-centeredness. Tradition 4, which reminds me that although there are no steadfast "rules" for AA groups, it is a "WE" program of recovery, which also frees us from ego and self-centeredness."

2. Anonymous "As far as having a favorite Tradition or one that means the most to me, I would say that each Tradition is important on its own merit but combined together they are amazingly powerful principles that unify us as a Fellowship rather than as individuals. The longer I am an A.A. member in good standing, the more apparent this becomes."

I've had a lot of positive comments about this question, but as yet not a lot of responses. I want to leave this as an open topic for another month. If you wish to respond to the July question, the deadline for submission is 9/15. I welcome any responses less than 200 words.

August Questions of the month: "When is the best time for a newcomer to start working the steps with a sponsor and what is the shortest time you have seen someone WORK the first 9 steps with a sponsor? What has been your experience with this?" Keep it under 75 words for the feature and under 200 words for an article on this topic. Deadline for submission is 9/15.

Are you a Big Book* Whiz?

Try this! by Elizabeth E.

1. My incredible ___ in the face of a desperate desire to stop was explained. 7:2:2

2. I vaguely sensed I was not being any too smart, but felt reassured as I was taking the ___ on a full ___.36:2:3

3. It is being constantly revealed, as mankind studies the material world, that ___ appearances are not inward reality at all. 48:3:3

4. This is by no means a comprehensive ___ of the true alcoholic, as our ___ patterns vary. 11:1:1

5. And just as we were being convinced of their ___, they would surprise us with fresh resolves and new attentions. 107:2:3

6. Our ___ will convince them more than our words. 83:2:6a

7. I have to discard my "rights," as well as my ___, by asking myself, "How important is it, really?" 420:2:5

8. Our ___ is as absurd and incomprehensible with respect to the first drink as that of an individual with a passion, say, for jay-walking.37:4:1

9. Every action, word, prayer, and Twelfth Step call is an investment in my spiritual ___ and fulfillment. 469: 2:2

10. If the family will appreciate that dad's current ___ is but a phase of his development, all will be well. 129:1:3

*4th edition

Faithful Fiver or a Trusted Tenner

by Elizabeth E.

I am so pleased to say that I am now a "Faithful Fiver." New technology and features at my online bank made it easy for me to set up five dollar payments to Central Office with the memo added "faithful fiver." Now every month five dollars goes off to help support Central Office with the many services they offer me and my homegroup. I am sure that you can think of numerous things that Central Office has done for you and for the newcomer. Gosh! I don't know how many times I just stopped in Central office to chat when I was in a bad spot. They always picked me up. I don't have to think about it, my bank sends the check near the first of every month. I LOVE IT! I always felt the tug in the past, but now I can proudly say I am a Faithful Fiver. I'm going to go to a Trusted Tenner after my finances are more in line. You can get the Pass it On sent to your home for your donation or you can opt to read it online. I personally don't need a paper copy. I let them save the postage, but it is your choice. Does the Central Office need the money? Well, does a hummingbird hum? Yes, without your financial support CO would have to close its doors. Lately they have had to dip into their prudent reserves to keep functioning. Now that I am a faithful fiver, I can encourage others to join in. Pass the message! Thanks!

SOBRIETY BIRTHDAYS

COSMOPOLITAN GROUP June: Kate C. 9 months; Cecil 34 years

INDIVIDUAL May: Elizabeth E. (Westside Group) 40 years

ISLETA GROUP June: Angel, Lynnette, Mike 30 days; Jessica 90 days; Daniel 14 years

REBELLION DOGS GROUP April: Dustin B. 90 days, Ron S. 10 years. May: Dusty S. 10 years. June: Stu G. 1 year; Arthur M. 2 years. July: Kevin C. 1 year

Please submit your sobriety birthday(s), in order by length of continuous sobriety (including homegroup, the month the birthday was celebrated in, name, sobriety date & length of continuous sobriety) to PassItOn@albuquerqueaa.org. Failure to properly submit s-b days may result in non-publication.

A Few Thoughts On Service

by anonymous

I see fewer and fewer newcomers becoming of service to the AA program. I wonder why that is? Is it because of the phrase we hear in meetings that this is a program of suggestions? That no one came 'make' you do something if you don't want to? To some degree, that's so. I believe that it is the sponsor's responsibility to direct a sponsee to get a service position. Whether that person does or not is their decision. The sponsor introduces, and leads by example, in service work. The sponsee is responsible for the quality of their sobriety. The service I have done in my sobriety has only enhanced it. It was not suggested that I do service – I was directed to find a service position. The work required in working the Steps is not suggested. Why else the phrase 'Good Orderly Direction'? The difference between a suggestion, and a direction, is clear. "If you want what we have, and are willing to go to any length to get it – then you are ready to take certain steps" I was challenged several times in early sobriety to remember that I had agreed 'to go to any length', but the decision was mine to make, ultimately. My fear of returning to drinking is what stopped me from saying 'No Thanks...maybe later'. I might not have a 'later'.

It is stated in 'The Doctor's Opinion' that we work on an altruistic plane. Altruism is defined as 'feelings and behavior that show a desire to help other people and a lack of selfishness' (Merriam-Webster). I define it as giving back to the program that is saving my life, everyday. If I am not being of service on a regular basis, I fall into the same old selfish pattern of thinking of only me. This program

is not about me, it is about what I can do to help the next suffering alcoholic, and that is sometimes doing the thankless business of doing the groups chores. (or the districts, or the Area's, or the workshop, etc.) Look around-is there a 'core' group of people in your home group who do all the chores? Is it because you are not stepping up to do your part? If I work 'my program' of AA, I get into a lot more trouble than I do if I work THE program of Alcoholics Anonymous. Half measures avail me nothing.

Overheard at the International Convention in Atlanta

by Beth

"Stay out of your head it is a bad neighborhood."

"If you're in your head, you're alone with an idiot."

"Don't live in the wreckage of the future."

"You don't have to condone a person's behavior to forgive them."

"When you forgive someone, the person you are letting off the hook is you."

You Tube AA Speakers

by Elizabeth E

I just heard John L say something like this, "Congratulating an alcoholic for not drinking is like congratulating a cowboy with hemorrhoids for not riding a horse." I don't necessarily agree, but I can see his point. I love listening to AA speakers on You Tube on We Do Recover or Odomtology. You can subscribe and listen to the talks on your phone. FYI John Larroquette with over 20 years of sobriety has a really good talk on You Tube.

AA EVENTS CALENDAR THIS MONTH

Saturday August 8 - District 11 Annual Picnic Jemez Falls Picnic Area, all day Saturday starting at 8:30am. Potluck lunch 12 noon (D11 provides meats, all other is potluck - please bring something), Gratitude Meeting 1:30pm. Flyer: <http://albuquerqueaa.org/pdf/08082015.pdf>

Saturday August 8 - Area 46 Assembly Planning Meeting Hosted by Distrit 3 after the district meeting 3-4pm. Belen Middle School, 314 4th St. Belen

August 14-15 - New Mexico Conference of Young People in Alcoholics Anonymous (NMCYPAA) Roswell, NM. More info: <http://www.newmexicoaa.org/events/nmcpaa-2015-roswell/>

Saturday August 22 - District 18 Interactive Corrections Event 9-10:30am. Rio Rancho United Methodist Church, 1652 Abrazo Rd. NE, Rio Rancho.

Saturday August 22 - District 17 Worksop: Taking the Message to Treatment Facilities 1:30-6pm. Cooperation with Professional Communities panel discussion. Isleta Club, 1829 Isleta SW, Albuquerque

Friday August 28 - Spark of Light Group Movie Night: 7:15pm "Mad Max: Fury Road" Heights Club, 8520 Marble NE, Albuquerque

Saturday August 29 - District 12 Workshop: I Am Responsible 2-5pm. St. Mary's Episopal Church, 1500 Chelwood Park NE, Albuquerque. Flyer: <http://albuquerqueaa.org/pdf/08282015.pdf>

UPCOMING EVENTS

Friday September 11 - Rio Amigos Group Dessert Potluck & Speaker Meeting 7:30pm Speaker Meeting (Speaker: The New Southwest Regional Trustee), 8:30 Dessert Potluck. Eagle Center, 304 Eagle Ln., Belen. Flyer: <http://albuquerqueaa.org/pdf/09112015.pdf>

September 12-13 - Area 46 Assembly Voting assembly. Belen. Hosted by District 3. More info: <http://www.newmexicoaa.org/events/sept-12-13-2015-area-assembly-belen-d-3/>

September 18-20 - Taos Mountain Fiesta 32nd Annual Taos Mountain Fiesta. Sagebrush Inn Conference Center, 1508 Paseo Del Pueblo Sur, Taos. More info: www.taosmountainfiesta.org

Saturday December 5-6 - Area 46 Assembly Farmington, hosted by District 8. More info: <http://www.newmexicoaa.org/events/dec-5-6-2015-assembly-farmington-d-8/>

Saturday March 5-6 - Area 46 Assembly Taos, hosted by District 14, no further info available

*For more and/or updated information
on Albuquerque and New Mexico AA Events go to:
<http://albuquerqueaa.org> and <http://www.newmexicoaa.org/>
For other AA events nationally and worldwide visit www.aa.org.*

June 2015

Monthly Service Activities Report

PHONE CALLS	JUNE15	MAY15	JUNE14
Information	396	429	467
12-Step	13	10	17
Al-Anon	9	10	14
Message	60	57	36
Other	97	74	82
TOTAL	575	580	616

WALK INS	JUNE15	MAY15	JUNE14
Information	14	16	19
12-Step	0	1	2
Al-Anon	3	2	1
Schedule	13	3	11
Purchase	158	140	157
Media	4	10	4
Message	1	4	6
Casual	53	28	24
Other	56	31	25
TOTAL	302	237	249

ALBUQUERQUEAA.ORG WEB STATS

	JUNE15	MAY15	JUNE14
Unique Visitors	4135	4278	4035
Number of Visits	6882	7260	7425
Pages	23753	27501	32412

DESK WORKERS*

	JUNE15	MAY15	JUNE14
Regulars	49	45	43
Substitutes	36	32	32
TOTAL	85	77	75

DESK SHIFTS*

	JUNE15	MAY15	JUNE14
Weekdays	132	126	126
Weekends	40	50	45
TOTAL	172	176	171

WEEKDAY SHIFTS*

	JUNE15	MAY15	JUNE14
Worked by Regulars	113(85.8%)	107(85%)	103.5(82.2%)
Worked by Substitutes	15(11.4%)	17(13.5%)	22.5(17.8%)
TOTAL	128(97%)	124(98.5%)	126

WEEKEND SHIFTS*

	JUNE15	MAY15	JUNE14
Worked by Regulars	26(65%)	34(68%)	39(86.7%)
Worked by Substitutes	13(32.5%)	15(15%)	6(13.3%)
TOTAL	39(97.5%)	49(98%)	45

NIGHT SHIFTS NOT COVERED	JUNE15	MAY15	JUNE14
SHIFTS NOT WORKED	5	14	1
BY A VOLUNTEER	10	14	4.5
HOURS	30	41	11.5

*INCLUDES NIGHT PHONE



2nd Quarter Group Contributions

Group Name	April	May	June	2ND Quarter
AA @ THE VA	\$49.50	\$1.00		\$50.50
AA WAY OF LIFE, THE	\$50.00	\$32.64		\$82.64
ABC GROUP			\$75.00	\$75.00
BACK TO BASICS			\$350.00	\$350.00
BASEMENT STEPS	\$80.00			\$80.00
BROWNBAGGERS	\$249.43		\$307.58	\$557.01
CANDLELIGHT		\$199.20	\$39.80	\$239.00
CHILDREN OF CHAOS		\$30.00		\$30.00
CORRALES MEN'S		\$75.00		\$75.00
COSMOPOLITAN			\$20.00	\$20.00
DAWN PATROL	\$299.63	\$336.62	\$279.61	\$915.86
DISTRICT 3		\$50.00		\$50.00
DISTRICT 12		\$100.00		\$100.00
DOWN UNDER		\$40.00		\$40.00
DOWNTOWN LUNCH BUNCH	\$221.84			\$221.84
DRUNKIN' DONUTS			\$150.00	\$150.00
DRY NOONERS			\$74.37	\$74.37
EL CENTRO		\$50.00		\$50.00
FEW SIMPLE RULES		\$40.00		\$40.00
FOOTHILLS	\$187.24	\$187.58	\$99.95	\$474.77
FREE SPIRITS	\$120.00			\$120.00
FREEDOM FIRST	\$69.69			\$69.69
GAY CROWD, THE			\$5.00	\$5.00
GOODFELLAHS		\$80.00		\$80.00
GRATEFUL GIRLS	\$99.94			\$99.94
HAPPY HOUR		\$17.11		\$17.11
HIGH COUNTRY GROUP			\$50.00	\$50.00
HIGH NOON			\$90.00	\$90.00
HOW IT WORKS		\$50.00	\$95.00	\$145.00
ISLETA GROUP			\$49.95	\$49.95
LONE RANGERS		\$224.00		\$224.00
LOS LUNAS LADIES'			\$4.58	\$4.58
LUNCH BOX	\$25.00	\$25.00		\$50.00
METROPOLITAN	\$20.00			\$20.00
NORTH VALLEY GROUP			\$51.18	\$51.18
PENNY LANE			\$125.00	\$125.00
PROMISES			\$75.00	\$75.00
RAYMAC GROUP			\$10.00	\$10.00
RIO RANCHO BEGINNERS	\$79.85			\$79.85
SEEKING SERENITY	\$250.00			\$250.00
SERENITY GROUP	\$56.57			\$56.57
SHARE THE LEGACY		\$50.00		\$50.00
SPIRITUALITY WITHOUT BORDERS		\$29.10		\$29.10
STAG		\$35.00		\$35.00
STILL SEEKING SERENITY	\$56.80	\$34.00		\$90.80
STRANGE MENTAL BLANK SPOTS	\$68.15		\$90.40	\$158.55
SUNDAY NIGHT SERENITY		\$50.00		\$50.00
SUNRISE CATCHERS	\$21.00	\$50.00	\$60.15	\$131.15
THERE IS A SOLUTION	\$40.00			\$40.00
TOO MUCH FOR US	\$80.00			\$80.00
UPON AWAKENING	\$74.00			\$74.00
WAKE UP CALL	\$165.34	\$200.59	\$106.78	\$472.71
WESTSIDE GROUP	\$209.95	\$15.25		\$225.20
WHO HAS THE KEYS	\$69.70			\$69.70
WOMEN IN PROGRESS			\$250.00	\$250.00
WOMEN'S GROUP		\$30.00		\$30.00
56 Participating Groups	April	May	June	2ND Quarter
TOTALS	\$2643.63	\$2032.09	\$2459.35	\$7135.07

Albuquerque Central Office
1921 Alvarado NE
Albuquerque, NM 87110
(505) 266-1900
www.AlbuquerqueAA.org
ADDRESS CORRECTION REQUESTED

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Albuquerque Intergroup Central Office

1921 Alvarado NE
2 blocks north of Constitution and
4 blocks east of San Mateo

(505) 266-1900

www.AlbuquerqueAA.org

Hours:
Monday through Friday
8 am to 10 pm
Saturday and Sunday
9 am to 9 pm