

Pass It On...

Albuquerque Central Office Newsletter

Website: www.albuquerqueaa.org

Brownbaggers Campout

July 24, 25, 26, 2009

San Antonio Canyon

AA Fellowship and Fun.....just say Yes!

Volleyball, softball, Frisbee, hiking, smores, ghost stories, AA meetings and more, more, more (you know how we are about that)

Just a little over an hour away from Albuquerque:

- Take I-25 North to Bernalillo exit 242
- Turn left onto Hwy 550 headed toward Bernalillo
- Drive, drive until you get to San Ysidro and turn right onto Hwy 4
- Go past Jemez Springs (about 20 miles)
- Turn left on 126 — Drive 3.7 miles
- Turn left on Rd 376 —Drive 1.8 miles. Campsite is on the left just past the really big rocks.

Volume 71, Issue 7

July 2009

These are just a few of the things I've heard in meetings...

“If anything will get you drunk, you'll drink over anything”

“Alcohol is a solvent, it dissolves your personality.”

“Just don't drink, no matter what.”

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Correction Corner

My name is Brian V. and I'm the Alternate Area 46 Corrections chair, District 11 Corrections Chair and the AA Volunteer Coordinator at MDC (Bernalillo County Jail) and I was wondering if you could put the below information from a loyal volunteer Carol M. in the next edition of the Corrections Corner in Pass It On? Also I've included a copy of the District 11 Corrections Report for June, could you include some of the following information regarding a call for volunteers.

"District 11 services three correctional facilities: La Pasada Halfway House, Bernalillo Juvenile Detention and Youth Services Center, and the Regional Correctional Center (Downtown Jail). The District 11 Corrections Chair (Brian V.) also serves as the AA coordinator for the Metropolitan Detention Center (Bernalillo County Jail) and therefore acts as a resource for volunteers for this Westside jail that is actually in District 3. We are currently seeking volunteers to go to La Pasada (no clearance required), Juvenile Hall, RCC, and MDC."

Hi Brian,

I was wondering if you could also put the word out that the women's prison in "Grants is looking for sober women to share experience, strength and hope with their Residential Drug and Alcohol Program (RDAP) unit. They have meetings every Thursday from 2-4 pm. There will be an orientation at the Calvary Chapel in Belen from 9-11:30am for any woman interested in going to the women's prison. They can contact me for more information. Thanks.
Carol M. 615-9494

Sober women needed to share experience, strength and hope with the women in the Residential Drug and Alcohol (RDAP) unit at the women's prison in Grants. They meet every Thursday from 2 - 4 pm. There will be an orientation on June 27, 2009 at the Calvary Chapel in Belen from 9 - 11:30 am. Everyone must go through a clearance process and be felony free for 5 years. Great service opportunity. If interested contact Carol M @ 505-615-9494 or Chaplain John Compton @ 505-383-3348. (He is actually the Chaplain at the Los Lunas prison and is facilitating this orientation. The Chaplain for the women's prison is Linda Rosingus and she will also be present at the orientation.)

* Remember, donations of AA approved literature are always appreciated...you can drop these off at Central Office.

*(comment by the editor)

Central Office Steering Committee E-mail addresses:

Michael W. - CO Coordinator
Coordinator@albuquerqueaa.org

Kathy H. - Alt. CO Coordinator
AltCoordinator@albuquerqueaa.org

Dave C. - Chair@albuquerqueaa.org

Michael Q.
Schedule@albuquerqueaa.org

Brian H.
Secretary@albuquerqueaa.org

Activities@albuquerqueaa.org

Peggy A. -
Memberatlarge@albuquerqueaa.org

Sally - PassItOn@albuquerqueaa.org

Ben A. -
Specialneeds@albuquerqueaa.org

Tom C. - Website Chair
anonymous@albuquerqueaa.org

Grace L. - Media Librarian
media@albuquerqueaa.org

John S.
publicinfo@albuquerqueaa.org

Steve P.
treasurer@albuquerqueaa.org

Albuquerque Area Business Meetings

Intergroup Rep. Meeting
2:00 pm, 2nd Sunday
Desert Club

District 3
2:00 pm, 2nd Saturday
call the DCM for location

District 11
9:00 am, 2nd Saturday
Harwood Methodist Church
420 San Lorenzo NW (at 4th)

District 12
10:00 am, 2nd Saturday
Heights Club

District 13
10:00 am, 2nd Sunday
Desert Club

District 18
9:30 am 4th, Sunday
Rio West Church
6751 Pasilla Rd., RR, NM

Central Office Intergroup Meeting Minutes

06.14.09

Submitted by Peggy A – Member-at-Large

Dave C - Chair

Dave opened the meeting at 2:05 pm with the Serenity Prayer. All attendees introduced themselves. New members were given “New Member” packets developed by Central Office staff.

Secretary - Brian H

Not present. Review of minutes for May 2009 Intergroup meeting as published in June *Pass It On*. Minutes were approved by acclamation.

Treasurer - Steve P

Income was slightly in the red for the month of May. Analysis of previous years' records shows that net income normally rises during summer months. Year-to-date income is still in the black. Contributions for 2009 are \$3,000 ahead of last year's. Group/Individual contributions represent 70 percent of Central Office income. Treasurer's Report was accepted by acclamation.

7th Tradition basket was passed.

Service Coordinator - Michael W

Distributed copies of GSO Guidelines on *Central or Intergroup Offices*. Distributed copies of “Nomination of the Steering Committee” procedures, which includes job descriptions for all seats on the steering committee. Two-year term for current committee members ends in December. A nomination committee will be formed and nominations will be taken in October. Election will be held in November. Job descriptions will be reviewed and updated before October. Current incumbents of Intergroup Chair, Secretary, Newsletter Editor, Media Librarian, Community Outreach Chair, and Website Chair cannot stand for election to these positions again. Grateful to be of service.

Alternate Coordinator - Kathy H

Weekend coverage of phone/desk by shift regulars was down to 76 percent. Substitutes list is depleted; group reps were asked to mention the need for sub volunteers at meetings. Friday 7 pm – 10 pm shift is vacant. Grateful to be of service.

Activities Coordinator – Peggy A (Interim)

The Spring Intergroup Speakers Meeting, hosted by District 18 hosted on May 16, was very successful. Corrales Smoke-Free

group has been seeking other groups to help host the annual picnic in appreciation of Central Office Volunteers. The picnic is not scheduled at this point. Intergroup reps were asked to emphasize the many opportunities for service activities in their reports to their groups, and to work with their groups' GSRs to increase interaction between the local Intergroup network and the Area/District structures.

Member at Large – Peggy A (see above)

Pass It On Editor - Sally

The June *Pass It On* was available at the meeting and can also be found at the Central Office and on-line. The Editor emphasized that she needed time-sensitive articles and announcements at least two months ahead of time to guarantee that the material is published before the activity date.

Schedule Editor – Michael Q

Not present. The Summer 2009 schedule has been printed and is available from the Central Office. The updates are also in the online schedule.

Community Outreach - John S

Past Month: Staffed a booth at the city's “Celebrate Recovery” event on May 16 at Balloon Fiesta Park Museum; good opportunity to network with local service groups. Worked with Urban Indian Advocacy to get a meeting to a local shelter. Staffed a booth at the Santa Ana Pueblo Health Fair in Bernalillo June 10 Upcoming opportunities for service: July 25, booth at Talking Talons “Wildfest” at Roosevelt Middle School in Tijeras, 10 am – 4 pm Aug 27, booth at the “Conference on Aging” Health Fair, Sandia Casino, Noon – 5 pm. Looking for participants in the AA panel for Bernalillo County's Community Custody Curriculum; time commitment is two 1-1/2 hour sessions per year. John passed his “black book” for reps to enter contact information to assist with upcoming Community Outreach efforts.

Special Needs – Ben A

Has been contacted by a member with mobility needs who recently moved to the Albuquerque area. Member needs time to recuperate from health complications before going to meetings. Referral to Kathy H (Alt. Coordinator).

Library - Grace L

Not present. Dave C will donate a complete

set of CDs on the 2009 Area Convention, held in Las Cruces earlier in the month.

Web Guardian – Tom C

Not present. New web host has been reliable. Networked third computer in Central Office. Tom has begun redesign of website to assist transition to new web “guardian” next year. Beta site can be viewed at www.albuquerqueaa.org/joomla/

Old Business:

The Winterbash Planning Committee made the following decisions at its May meeting: Date/time: January 30, 2010, 9 am – 3 pm. Place: Nativity Church (4th & Alameda NW) Program committee: Alan S., Rose P., Mary Ann M., Michael W., Ben A. Treasurer: Peggy A. Attractions: Tom C. Set-up Chair: Henry L. (Seeking Serenity Rep, which meets in Nativity Church) Planning committee asked Intergroup Steering Committee for a \$200.00 good-faith donation to the church, with a subsequent \$200.00 gratitude donation on Winterbash day. Chair Paula G. asked for ideas now and asked Intergroup reps to remind their group members of the many service opportunities possible both now and on the day itself.

New Business

No New Business.

Group Announcements:

Last Call Group is sponsoring Manzano Serenity campout at Cedro Peak on Aug. 28-29-30. District 11 Annual Picnic at Jemez Falls, Aug 8, 8 am to 4 pm.

Dave C closed the meeting at 3:00 pm with the Third Step prayer.

The Steering Committee at Central Office encourage all groups to elect a Intergroup representative. We warmly welcome you to join us at the next Intergroup meeting. We meet the second Sunday of every month, at 2:00 pm, at the Desert Club.

See you there!!!

Please join us!

Seeking Serenity

23 Year Anniversary

Nativity Church
4th and Alameda

Saturday August 29th
from 1:00 - 3:00 pm

(Directly following the noon birthday meeting)

“Why celebrate Sobriety?”

Tom G. will give history of
the group “Seeking Serenity”

Bring a newcomer, potluck and fellowship!

Central Office of Albuquerque Treasurers Report: May 2009

Total Contributions/Sales	\$ 7,756.56
Total Cost of Sales	\$ 2,793.26
Gross Income	\$ 4,963.30
Total Expenses	\$ 5,107.03
Net Income	\$ -143.73

For a copy of the full Central Office income/expense report, please join us at the next Intergroup Committee Meeting. It's the second Sunday of the month, 2:00 pm, at the Desert Club.

May '09 Desk Activity

	May '09	Apr. '09	May '08
	This month	Last month	Last yr.
Phone calls	1113	1199	1269
Information	904	1033	1063
12 step request	26	13	15
Al-Anon Info	16	17	14
Message	36	26	37
Other	131	110	140
Walk Ins	261	255	354
Information	17	9	12
12 step	0	1	2
Al-Anon	2	2	1
Schedules	13	17	28
Purchases	155	151	156
Tapes	2	3	6
Message	3	1	5
Casual	29	37	52
Other	39	34	92
Desk Workers*	64	66	
Regulars	48	50	
Substitutes	16	16	
Desk Shifts*	176	177	
Weekdays	126	132	
Weekends	50	45	
Weekday Shifts*	126	132	
Regulars	86% 109	95% 125	
Substitutes	14% 17	5% 7	
Weekend Shifts*	50	45	
Regulars	76% 38	80% 36	
Substitutes	24% 12	20% 9	
Shifts by Michael*	10/3 30 hrs	8/3 24 hrs	
Shifts by Kathy*	3/3 9 hrs	5/5 46 hrs	

Thanks to all who participated this month.

* includes night phone

In the book Group

2nd anniversary Open Speaker meeting

Thursday
August 6, 2009

Pot Luck begins @ 6:00 P.m.
Please bring finger foods to pass and we will bring the cake

Special Guest AA Speaker

Gwen C.
from
The Ladies Room Group
7:00 PM

In The Book is located at the Destiny Center Church
at 4401 Northern Blvd NE, in Rio Rancho.

Contact information
Alan S. 892-0144
Jakki S. 228-5827

Excerpts from Alcoholics Anonymous, Twelve Steps and Twelve Traditions, and Living Sober, are printed with permission of AAWS, Inc. Excerpts from The Grapevine, are printed with permission of the AA Grapevine Inc.

Other Numbers: Al-Anon (505) 262-2177 Oficina Intergrupul Hispana (505) 266-3688

Announcements, Reminders, Birthdays, etc.

Sober Valley Group (Peralta - June Birthdays)

Gilbert	3 months
Josh	5 months
Krystina	6 months
Genevieve	1 year
Bryan	1 year
Carol	18 months
Randy S.	1 year
Mink	17 years

Seeking Serenity

Stephen	2 months
James	3 months
Greg D.	3 years
Tom G.	18 years

Seniors Seeking Serenity

July R.	7/05/87	22 years
Mary R.	7/14/80	29 years
Dorothy L.	7/01/79	30 years

11th Step Experience

Hosted by the High Noon Group

Sunday July 19th, 2009

1:30 p.m. - 3:15 p.m.

Desert Club

4305 Mesa Grande Pl. SE

Panel: Charlie W., Ilse G., and Douglas W.

Discussion for 45 minutes, 15 minute break,
Q & A etc.. for 45 minutes

(Munchies potluck - bring your favorite drinks or snacks)

For more info. call Patrick @ 315-1652 or Wally @ 410-4868
(This is a smoke-free event!)

Please come join the **Last Call** group for a campout in the Manzano Mountains for fellowship, campfire meetings, star watching, music and more fun activities.

Campground Cedro Peak Jay Site

August 28, 29, 30th

Please contact Tauri D. at
(505) 307-4569

Become a Faithful Fiver !!

Just pledge **\$ 5.00 a month** to the support of helping alcoholics who still suffer.

It's tax deductible and you'll get the *Pass It On* newsletter delivered to your door.



Checks payable to: Albuquerque Central Office. *Thanks for your support!*

Planning meetings for the first **“Winter Bash”** now scheduled for January 30th at the Nativity Church on 4th and Alameda will follow the Intergroup meetings held on the second Sunday of every month. The planning meeting starts at 3:00 pm. Bring your ideas, enthusiasm and/or questions and join us. If you need more information about this exciting event and how you can help, please call Paula at (505) 341-1009.

District 11 ♦ Annual Picnic

Saturday, August 8, 2009

Jemez Falls, NM

8:00 AM – 4:00 PM

Breakfast 8:00 AM

District Meeting 9:00AM - 11:00 AM

Election of Trusted Servants

Food and Fellowship 12:00 - 4:00 PM

Hot dogs and hamburgers provided. Please bring a favorite side dish or desert or a beverage to share.

Open AA Meeting 1:30 PM

Hiking, Horseshoes, & Volleyball All Day

•• Directions ••

NM 550 north to NM 4 north in San Ysidro Follow NM 4 towards Los Alamos Turn Right into Jemez Falls campground between mile marks 31-32 Go to the end of the road to the pavilion parking area

.....

Contact Kris H. 247-3570 for more information or to Volunteer

Albuquerque Central Office Newsletter

1921 Alvarado NE
Albuquerque, NM 87110
(505) 266-1900

Address Correction Requested

Pass It On Subscription Only \$7.00 Annually

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This is a gift, Please sign my name on the card

Name

Please make checks payable to Central Office of Albuquerque
Mail or drop by!

1921 Alvarado NE, Albuquerque, NM 87110

The Central Office of Albuquerque is open:

Monday through Friday

8:00 am to 10:00 pm

Saturday and Sunday

9:00 am to 9:00 pm

• • • • •

The Central Office is located two blocks north of Constitution and four blocks east of San Mateo.