



Pass It On...

Albuquerque Central Office Newsletter

Website: www.albuquerqueaa.org

Intergroup Committee Meeting Minutes

Intergroup Minutes-Desert Club
3/12/06

David opened the meeting with the Serenity Prayer. Introductions were made.

CO Coordinator: Michael—Central Office started off the year pretty sound financially. Calls were down for Central Office this last month. No word yet on whether we will have to move or not. He attended the Area Assembly in Tucumcari. Convention planning committee met 3/11/06. If you want to volunteer for the Convention go to next months meeting. It's April 15th at St. Timothy's'.

Activities: Meredith—Dist. 3 is taking the 4th quarter for the Intergroup speaker meeting. The Isleta group is having its 60 year anniversary on Sept. 2nd. There will be a Bar-B-Que and a dance. April 29th is the Isleta Clubs' 59th anniversary.

Member at Large: Martha didn't have anything.

Pass It On: Sally said the submission deadline for PIO is going to be the 15th of the month. Birthdays are welcome but you need to have a home group.

Public Information: Alix attended her first event on the Plaza at UNM. She will be going back April 6th. If anyone is available during the day, Alix could use some help.

Schedules: Al may have to pull some info (such as detailed directions to meetings) due to not enough space.

Non-AA speaker requests: Don S. had a request from a nurse at UNM Mental Health. Would like someone to speak to

the staff about what AA is about. He would also like someone to speak to patients. He asked that the reps take this back to their groups.

Special Needs: Trish has fliers for home groups. It's on the website.

Media Librarian: Tom is looking for volunteers to record at Central Office. (To put tapes on CDs.) Pass It On is now on the website.

Old business: Michael—at the Steering Committee meeting it was decided to have a committee to review the by-laws. Three volunteers from Intergroup—Maggie, Melissa, and Jay took positions. Al and Martha from the Steering Committee took the other two.

New business: no new business.

Group announcements: Cosmo has moved to 600 Coors NW. They meet Friday at 8:00 pm at the Rio Grande Presbyterian Church. Corrales groups are no longer at the Community center. This is temporary. Call Central Office for meeting locations.

Meeting closed at 2:45 pm.

Groups represented:
Foothills
Seeking Serenity
Cosmopolitan
Seniors Seeking Serenity
Sunrise Sobriety
How It Works
El Centro

Please send a Rep. from your home group to our next meeting, Sunday April 9th, at 2:00 pm at the Desert Club

Volume 68, Issue 4

April 2006

Responsibility Declaration

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that:

I am responsible.

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**Come and join the
*Isleta Club***

by celebrating its 59th anniversary

on

April 29th, 2006

Meetings from 9:00 AM to 4:30 PM

Pot luck dinner @ 6:00 PM

Isleta Club history by Roger L. @ 7:30 PM

Followed by:

Clancy I.

Los Angeles, CA

Dance from 9:00 PM til.....

**Raffle Items Welcomed – Contact Bellina L.
@ 877-9973**

**Central Office Steering Committee
E-mail addresses:**

Al J. - Schededule@albuquerqueaa.org

Michael W. - CO Coordinator
Coordinator@albuquerqueaa.org

Melody - Secretary@albuquerqueaa.org

Sally - PassItOn@albuquerqueaa.org

Trish -
SpecialNeeds@albuquerqueaa.org

Dave C. - Chair@albuquerqueaa.org

Don S.
NonAAspeaker@albuquerqueaa.org

Meredith -
Activities@albuquerqueaa.org

Alix - PublicInfo@albuquerqueaa.org

Tom C. - Website and Media
Library -
anonymous@albuquerqueaa.org

Traditions Checklist

from the AA Grapevine

Tradition Four: Each group should be autonomous except in matters affecting other groups or AA as a whole.

1. Do I insist that there are only a few *right* ways of doing things in AA?
2. Does my group always consider the welfare of the rest of AA? Of nearby groups? Of loners in Alaska? Of Internationalist miles from port? Of groups in Rome or El Salvador?
3. Do I put down other members' behavior when it is different from mine, or do I learn from it?
4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
5. Am I willing to help a newcomer go to any lengths—his lengths, not mine—to stay sober?
6. Do I share my knowledge of AA tools with other members who may not have heard of them?

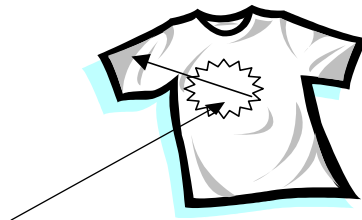
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**NEW MEXICO ALCOHOLICS ANONYMOUS WOMEN'S
SOBRIETY FEST 2006**

19TH ANNUAL CELEBRATION

**Submit your design to be used for logo on flyers, t-shirts, mugs, concessions
at the WSF this year!**



Theme: "Our real purpose is to fit ourselves to be of maximum
service to God and the people about us." Pg 77.

Date of festival: September 30, 2006

Where: UNM Continuing Education Building
1634 University Blvd., NE
Albuquerque, New Mexico 87131

Art Due: April 12th, 2006

Mail art to: Gwen C., Co-Chair NMAAWSF
C/O AA Central Office
1923 Alvarado NE, #1
Albuquerque, NM 87110

E-mail art to: gwenclark@hotmail.com

Questions: Call 892-9449, Gwen C.

Be sure to give your name and phone number and a short sentence or two on what inspired your design for the logo this year. Also, include your address if you would like your art work returned to you.



Help Carry The Message

Are You Interested In:

Information about meetings for the hard of hearing?

Do you know someone who is home bound or in the hospital who would like a meeting brought to them?

An opportunity for service work?

Creation of media material for the disabled?

Contact Trish R. at:

Specialneeds@albuquerqueaa.org

Or call Central Office (266-1900) and leave a message for the special needs coordinator.

Become a Faithful Fiver

Just pledge
\$ 5.00 a month
 to the support of
 helping alcoholics who
 still suffer.



It's tax deductible & you get this fabulous newsletter delivered to your house.

Checks payable to Albuquerque Central Office.

Thanks for your support!

February Desk Activity

	Feb '06 This month	Jan '05 Last month	Feb '05 Last yr
Phone calls	1060	1332	1235
Information	882	1049	946
12 step request	26	38	46
AI-Anon Info	29	32	43
Message	58	44	32
Other	65	169	168
Walk Ins	274	307	305
Information	29	20	15
12 step	3	2	1
AI-Anon	8	10	5
Schedules	13	23	32
Purchases	163	194	173
Tapes	10	6	9
Message	1	0	3
Casual	25	25	29
Other	22	27	19
Desk Workers*	91	94	
Regulars	56	58	
Substitutes	35	36	
Desk Shifts*	160	177	
Weekdays	120	132	
Weekends	40	45	
Weekday Shifts*	120	132	
Regulars	75% 90	74% 105	
Substitutes	30% 30	26% 27	
Weekend Shifts*	40	45	
Regulars	85% 34	67% 30	
Substitutes	15% 6	33% 15	
Shifts by Michael*	9/46 hrs	14/87 hrs	
Shifts by Kathy*	7/41 hrs	5/14 hrs	

Thanks to all who participated this month.

* includes night phone



Birthdays

El Centro

Lanceardo	2 months
Bernie M.	10 years
Paul P.	16 years
Helen L.	16 years
Roselle H.	25 years

Isleta Group

Martin	9 months
Michael	1 year
Annette	12 years
Ralph T.	18 years
Robert	22 years
Roselle	25 years

Sunrise Catchers

Anthony M.	3/17/05	1 year
Kathy S.	3/23/04	2 years
Robert M.	3/28/03	3 years
Julian	3/19/02	4 years
Ron G.	3/25/90	16 years
Monica A.	2/7/87	19 years
Vences T.	3/21/82	24 years
Dan G.	3/18/64	42 years

Sunrise Sobriety

Jay P.	4/1/91	15 years
John S.	4/2/99	11 years
Kate O.	4/5/05	1 year
Lynda R.	4/1/96	10 years
Nap S.	4/6/91	15 years

Seeking Serenity Group

March

Janis B.	9 months
JR	9 months
Caroline P.	4 years
Paul P.	4 years
Martha	4 years
Thorton Y.	18 years

April

Shawna	6 months
Eilene H.	2 years
Pam	13 years
Michael	14 years

Announcements, reminders, etc.....

Beginning Wednesday,
March 1st

YOUNG PEOPLE'S
Step (1st - 5th) Study
is meeting Wednesdays
7- 8 pm at
Sombra Del Monte
Church

2528 Utah St. NE
behind the Flying Star
on Manual Blvd.
(between Wyoming and
Pennsylvania)
For more information
call:

Matt 319-6420
Grace 315-0333

Group X

is back !

Where: Brownbaggers
6200 Seagull Street NE

When: Fridays at 7:00 pm
starting March 3rd

DEADLINE:

The deadline for the
submission of articles,
birthdays, and events
to the **Pass It On** is
now the 15th of the
month.

Thank You!

District 13

Has changed the District
meeting time from 10:15 am
to 10:00 am. The meeting
is still on the second Sunday
of the month at the Desert
Club.

High and Dry

Smokefree *is moving!*

Effective Saturday April 1st,
2006. The group will now
meet at St. Timothy's
Lutheran Church
211 Jefferson NE
(near Wash. and Copper)



The following contributed to Central Office.....

This data is from February 21 - March 15
and is not inclusive for the entire
calendar month!

Groups:

- Brownbaggers
- Dawning Promises
- Down Under Group
- Early Birds
- Freedom From Bondage
- Happy Hour
- High and Dry Smokefree
- Jemez Valley Group
- Raymac Group
- Step Along with AA
- Sunday Night Serenity
- Triangle Group
- Young People's Group

Individuals:

- Aaron C.
- Anonymous
- Dan
- Louisa
- Pat

Faithful Fivers:

- Al. J.
- Brian H.
- Cecelia D.
- Dave N.
- George and Pat D.
- John K.
- Mike D.
- Ralph T.
- Rojo R.
- Sarah F.

Thank you all for supporting your Central Office !!!

2007 State Convention Planning Meeting

submitted by Jakki S.

The next planning meeting for the 2007 Area 46 State Convention will be held April 15th, at St. Timothy's, 211 Jefferson NE., at 1:30 pm. We have elected all chair positions except for one. If you are interested in participating in the convention planning and want some service work, please come and join us. This meeting will mainly focus on choosing a location, a theme, and a logo. If you have any ideas, please bring them with you.

We are actively trying to raise funds, and all contributions are appreciated. Please consider including the convention in your circle of love distributions. We would like to make this convention free to anyone would like to attend, and in order to do that, we need your help!

Thank you! See you April 15th at St. Tim's!

Other Numbers: Al-Anon 262-2177 Oficina Intergrupala Hispana 266-3688



Action and Patience

Came to Believe pages 41-43

In common with many A.A.'s, I never enjoyed the luxury of a large and conscious spiritual experience, and I felt a little deprived. But, "We have a better program than we know," as Bill, our co-founder, said. I came to believe by way of that program, though I have recognized the process only in retrospect.

I had started with an optimistic, idealized view of life, supported by a strong religious commitment and faith. Somewhere along the way, I became a victim of the "sickness unto death"—alienated, anxious, alone. I found myself in the midst of a journey into darkness, separated from God, from other people, from my own being. I regret many things that happened on this journey, but I no longer regret that it took place. Some of us are more blinded by our pride and willfulness than others, and have to be broken in order to see.

I had to realize that of myself I had no power to help myself. The day came, by the grace of God, when I had that "moment of truth," though at the time I experienced it more as a plunge into deeper darkness than as the "leap of faith" which it ultimately proved to be, more as a humiliating defeat as the transforming experience of my life.

In shame and despair, I went to my first A.A. meeting. By

some minor miracle, I was able to suspend opinion, analysis, judgment, and criticism, and instead to listen and hear. I heard someone say that A.A. works for those who work for it, those who put *action* into the program. For me, at that time, action consisted of simply showing up at an A.A. meeting and following the suggestions I heard. I heard that I should forget about yesterday and tomorrow and instead concentrate on today and staying away from the first drink today—now. I tried it, and it worked. The first step in the process of "coming to believe" had been taken.

I heard this action had to be backed up with *patience*, that in time, for instance, I would sleep without the sedation of alcohol. Each night, after the A.A. meeting, I surrounded myself with books and magazines and ginger ale and sat down before the television set, prepared to stay awake all night. This was action for me at the time—following instructions. I was prepared to wait for sleep. I didn't have to wait long. For the first time in memory, I fell asleep in a chair before the television set, and I came to believe a little more.

I heard that we can't keep what we have unless we give it away. And so I found a woman—someone a little newer than I was—and I shared with her what

you had shared with me. Looking back on it, I doubt that I helped this woman very much but I

helped myself beyond measure. I stayed sober, day by day, through sharing my experience, strength, and hope with her, through putting *action* into the A.A. program—while, at the same time, waiting for her, not forcing my action on her. This was *patience* supporting the action, though I didn't call it patience at the time; the word was not a part of my emotional vocabulary.

As time went on, my life became totally involved in A.A. action. I had experienced the power of God's forgiveness, and, through grace, I was able to make this response of gratitude that is beyond verbal expression. God's grace had overcome the death that was in me and instead had made me a member of the "society of the second chance." If this grace had been contingent on my righteousness or obedience or goodness or sacrifice, as acts of the will, it would never have come to me, because I had none of these things going. It was an unearned favor to an unlikely prospect. This grace that overcomes death by forgiveness is the truth that has set me free to regard myself and you as acceptable, because God accepts us for what we are—imperfect creatures. And if, as I pray, I should continue to grow in grace, it will be through love and service to this Fellowship and to the Power greater than myself that

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Albuquerque is open:

Monday through Friday

8:00 am to 10:00 pm

Saturday and Sunday

9:00 am to 9:00 pm

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The Central Office is
located two blocks
north of
Constitution and four
blocks east of San
Mateo.