



# Pass It On

January  
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albuquerqueaa.org

Albuquerque AA Intergroup Central Office Newsletter

505.266.1900

**Step 1** We admitted we were powerless over alcohol — that our lives had become unmanageable.

**Tradition 1** (*Short Form*) Our common welfare should come first; personal recovery depends upon A.A. unity. (*Long Form*) Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

**Concept 1** (*Short & Long Form*) Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

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## Unexpected Gift by Molly S

She walked into the meeting. Hers was a deeply sun browned and lined face. Her whiskey voice was made more gravelly by the cigarettes she chained smoked. Sue had been a Senator's wife and alcoholism had taken her from posh mansions to pushing a grocery cart on the beaches of South Texas where she finally found sobriety. By outer appearances, she was everything I wasn't. I was 22, a preppy judgmental brat, working in an upscale furniture store. I was horrified when she came in and said hello. I acted as if I had it together on the outside and was dying on the inside. As she talked in meetings I began to hear my story, not in the details but in the feelings of shame and isolation, of embarrassment and fear, and of pitiful and incomprehensible demoralization. I also began to hear her joy in living and acceptance of alcoholism as a disease. The grace of a God, which I didn't understand, had set her free. I wanted what she had.

At the time, I was about 6 months sober and I had a sponsor, sort of. Nina was about 3 years sober and in that small south Texas town, before Sue arrived, she was one of the 4 women in meetings there, including me. (Another woman had been sober 30 years at the time (1978) and today I wish I had asked her about the early days of AA, for she had met Bill W and Dr. Bob, Marty Mann and many others.) Nina had a casual form of sponsorship, go to meetings and show up at her house once a week. Or at least that was my perception at the time. I think we talked about the steps. She had me read *Living Sober* which was a lifesaver.

So, I asked Sue, bag lady on the beach, crone and the ingénue Sue, to be my sponsor. Across the kitchen table in her mobile home, I understood we not only were in the lifeboat together, she was holding my life preserver. My judgements, my concern with appearances and illusions of propriety fell away. She loved me just as I was and I came to deeply love this beautiful, happy woman. I began to work the steps, I began to understand that I had a

(continued on page 3)

## FROM THE EDITOR'S DESK

It appears that this will not be my last issue as Editor, despite what I said in the December 2015 issue. Apparently, no one has stepped up to take the position of Pass It On Editor. I've informed the appropriate authorities (the Central Office Steering Committee) that I'll do the next 3 issues (February, March and April), but will be unable to do any more after that...I'm overcommitted already without taking on another 2-year term as editor. What this means is that **Central Office, Intergroup and AA in Albuquerque NEED someone to be of service, step up to the plate and take on the Steering Committee position of Pass It On Editor.** What this entails is a 2-year commitment to 1) Edit our monthly "Pass It On" newsletter for AA in Albuquerque, 2) Attend monthly Central Office Steering Committee meetings and 3) Attend monthly Intergroup meetings. The meetings are about 4 hours total per month, and the time required to edit the newsletter varies depending on your familiarity with Adobe InDesign (the software we produce PIO with). So, basically, it is 4 hours worth of meetings and 10-20 hours producing the newsletter. It is a wonderful way to be of service to the Albuquerque AA community. If you're interested or have any questions, please feel free to email me at [passiton@albuquerqueaa.org](mailto:passiton@albuquerqueaa.org).

**Several other steering committee positions are also vacant, and are excellent ways to be of service and grow in recovery. See the list immediately to the right of this column for which positions are vacant, and email [chair@albuquerqueaa.org](mailto:chair@albuquerqueaa.org) if you're interested.**

SUBMISSIONS for PIO publication (articles, stories, announcements, flyers, sobriety birthdays, etc.), letters to the editor, questions, comments, suggestions and criticism are always welcomed at [PassItOn@albuquerqueaa.org](mailto:PassItOn@albuquerqueaa.org) and will receive a prompt reply and appropriate consideration for publication.

## Central Office Financial Snapshot - November 2015

FINANCIAL SNAPSHOT		
	November 2015	YTD 2015
Total Revenues-----	\$7851.60	\$89036.67
Total Cost of Sales-----	\$2210.35	\$29930.21
Gross Income-----	\$5641.25	\$59106.47
Total Expenses-----	\$5580.57	\$64302.31
Net Income/(Loss)-----	\$60.68	(\$5195.85)
<i>(full financials available for viewing at Central Office)</i>		

### DISCLAIMER

The opinions expressed in Pass It On are solely those of the individual author and do not necessarily represent those of the Editor, Central Office, Area 46, any specific group or AA entity, or of AA itself... and in no way does publication imply endorsement of such opinions.

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Albuquerque Area  
Business Meetings

Intergroup Rep. Meeting  
2 pm, 2nd Sunday, Brownbaggers

District 3 - 2 pm, 2nd Saturday  
Call the DCM for location

District 11 - 9 am, 2nd Saturday  
Grace United Methodist Church  
420 San Lorenzo NW (at 4th)

District 12 - 10:15 am, 2nd Saturday,  
Heights Club, 8520 Marble NE  
in Rm #3

District 13 - 10 am, 2nd Saturday,  
St Thomas of Canterbury (2nd  
floor) 425 University Blvd NE (1 blk  
N of MLK Blvd)

District 18 - 10:30am, 2nd Saturday,  
United Methodist Church, 136  
Calle Alameda, Bernalillo

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## Unexpected Gift

*(continued from page 1)*

disease, a disease of alcoholism and perception. I began to connect with a Higher Power. I stayed sober.

Not long after Sue and I began to work together she moved and within a few months I moved away as well. I have had other sponsors with whom I've done much deeper work. Yet it was Sue, who loved me when I felt most unlovable. Sue, who was willing to spend time with me in my early days, listen to my heart, teach me and direct me in a crash course of our program. Sue, whom God placed in my life's path when I most needed her and the lessons she had to offer. Sue, who I try to model when I am asked to sponsor. I am so very grateful that I was desperate to hear.

It can be surprising who we have as sponsors and whom we sponsor. It has nothing to do with outer appearances, with like interests outside the program, with social standing. It is instead a gift of the God of our understanding to share our experience, strength and hope with another, if we are but open. And though perhaps brief in face to face time, these relationships can carry through a lifetime of sobriety.

My last conversation with Sue took place just before her death in 2001. She said, "Honey I remember you, trying to be so proper, and snot-nosed and crying across my kitchen table, writing your 4th step on a napkin so no one would know who you really were. I just loved you and honey, I'm so proud of you." She was truly a treasured, unexpected gift of sobriety.

## Tradition One

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Our whole AA program is securely founded on the principle of humility that is to say, perspective. Which implies, among other things, that we relate ourselves rightly to God and to our fellows; that we each see ourselves as we really are "a small part of a great whole". Seeing our fellows thus, we shall enjoy group harmony. That is why AA Tradition can

confidently state, "Our common welfare comes first."

"Does this mean," some will ask, "that in AA the individual doesn't count too much? Is he to be swallowed up, dominated by the group?"

No, it doesn't seem to work out that way. Perhaps there is no society on earth more solicitous of personal welfare, more careful to grant the individual the greatest possible liberty of belief and action. Alcoholics Anonymous has not "musts." Few AA groups impose penalties on anyone for nonconformity. We do suggest, but we don't discipline. Instead, compliance or noncompliance with any principle of AA is a matter for the conscience of the individual; he is the judge of his own conduct. Those words of old time, "judge not," we observe most literally.

"But," some of us argue, "if AA has no authority to govern its individual members or groups, how shall it ever be sure that the common welfare does come first? How is it possible to be governed without a government? If everyone can do as he pleases, how can you have aught but anarchy?"

The answer seems to be that we AAs cannot really do as we please, though there is no constituted human authority to restrain us. Actually, our common welfare is protected by powerful safeguards. The moment any action seriously threatens the common welfare, group opinion mobilizes to remind us; our conscience begins to complain. If one persists, he may become so disturbed as to get drunk; alcohol gives him a beating. Group opinion shows him that he is off the beam, his own conscience tells him that he is dead wrong, and, if he goes too far, Barleycorn brings him real conviction.

So it is we learn that in matters deeply affecting the group as a whole, "our common welfare comes first." Rebellion ceases and cooperation begins because it must; we have disciplined ourselves.

Eventually, of course, we cooperate because we really wish to; we see that without AA there can be little lasting recovery for anyone. We gladly set aside personal ambitions whenever these might harm AA. We humbly confess that we are but "a small part of a great whole."

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Central Office encourages all groups to elect an Intergroup representative. Join us at the next Intergroup meeting the second Sunday of every month, at 2 pm, at the Brownbaggers.

## A Member Speaks by Elizabeth E.

The opinions expressed here are those of the AA member only. We all work our program differently.

January question- "When did you start sponsoring and when did you get your first sponsor? When do you think someone should consider sponsoring? What have you liked most about sponsoring? Least?"

Anonymous: "During my second week, I got a sponsor and began working the steps. Thinking I had to be perfect and was not ready, I didn't sponsor until 11 years sober. Today, I feel I need to get people through the steps quicker and get them sponsoring so they will stay. Sponsoring others is a gift of this program and how I learn, but watching others walk away, drink and or die is the most difficult."

Anonymous: "I got my first sponsor at one week sobriety and started sponsoring at about 2 years sobriety when I thought I might have something to offer. No new person ever asked me to sponsor them until I finally worked step 11 and had a significant spiritual shift in perception. Before I had this spiritual experience, I never used a sponsor to help me with the steps. I used the "winners" in the program, but no one person. Now I have a sponsor that I use and am only asked by new people to sponsor them. I think someone should consider sponsoring after they have worked most of the program with a sponsor and have something to share. Sponsoring is where my deepest learning takes place. The only thing I don't like about sponsoring is seeing sponsees leave, but I have to remind myself that it has nothing to do with me. Since it is easy for my EGO to take over in sponsoring, I constantly take my inventory to make certain I am grounded with my higher power and not trying to play God myself."

## Are you a Big Book\* Whiz? Try this! by Elizabeth E.

1. If what we have learned and felt and seen means anything at all, it means that all of us, whatever our race, creed, or color are the children of a living Creator with whom we may form a relationship upon simple and understandable terms as soon as we are \_\_\_ and \_\_\_ enough to try. 28:3:3
2. We have seen the truth demonstrated again and again: "Once an \_\_\_, always an \_\_\_." 33:1:4
3. We have seen \_\_\_ release, but liked to tell ourselves it wasn't true. 55:1:3
4. If not members of religious bodies we sometimes select and memorize a few set \_\_\_ which emphasize the principles we have been discussing. 87:2:3
5. Our actor is self-centered- \_\_\_, as people like to call it nowadays. 61:2:1
6. Outsiders are sometimes shocked when we burst into \_\_\_ over a seemingly tragic experience out of the past. 132:2:2
7. Seeing much of each other, scarce an evening passed that someone's home did not shelter a little gathering of men and women, happy in their \_\_\_, and constantly thinking how they might present their discovery to some \_\_\_. 159:3:2
8. More and more we became interested in seeing what we could \_\_\_ to life. 63:1:5
9. Certainly among these rewards for me are release from the prison of \_\_\_, and the realization that participation in the A.A. way of life is a blessing and a privilege beyond estimate- ... 451:2:2
10. The tools of sobriety and recovery in A.A. are there for me to use in all aspects of my life, and all I ever need is the \_\_\_ to do what is in front of me. 493:3:3

\*4th edition



## **SOBRIETY BIRTHDAYS**

**COSMOPOLITAN** December: Adam 30 days; Joseph 60 days; Alicia 90 days; Chas 11 years; Manuel P. 28 years.

**ISLETA** November: Devin 30 days; Fermin 6 months; Christina 18 months; Juanita 8 years; Alfred 9 years; Joe J., Rosanna, Luann 15 years; Little Johnny 23 years. December: Chris 90 days; Jessica 9 months; Vanessa 18 months; Tammy 4 years; Skitch 31 years.

**ONE STEP AT A TIME** December: Matthew M. 5 years; Gwen T. 23 years

**PROMISES** December: Susan J. 7 years; Christy O. 14 years.

Please submit your sobriety birthday(s) (including homegroup, name, sobriety date & length of continuous sobriety) to  
PassItOn@albuquerqueaa.org.

Failure to properly submit s-b days may result in non-publication.

## **Boy Meets Girl on AA Campus Area Assembly and Service**

By Anonymous

**Work** by Diana T

I was sober for many years and very happy with my single life in Albuquerque and with my sobriety in AA. I was not lonely for want of a partner. My life was very full with meetings, sponsees, my business, classes, exercise, piano lessons, trips to the library, concerts, caring for all my animals, and various volunteer jobs in the community.

I traded in the bottle for a life of spiritual values, feelings of self-worth and usefulness. My life became rich and purposeful.

Then BOOM!! Unanticipated, unexpected and not sought, I met the man of my dreams at a Thanksgiving feast hosted by the Desert Club. The attraction was mutual and immediate. We began a courtship. From the beginning there were two nonnegotiable ground rules: 1). Sobriety first and 2). Stay out of each other's program.

Over the years we grew closer, the relationship deepened and as promised in the literature we were able to form a true partnership with another human being. It was God working in our lives, doing for us what we could not do for ourselves. Recognizing the power of commitment and the value of nurturing the relationship, the next step was to affirm and honor that commitment.

We were recently married; it was a ceremony and celebration as joyous as it was sacred. The rules haven't changed: 1). Sobriety first and 2). Stay out of each other's program. We are very happy. Each day we thank God for the gift of sobriety and the chance to share our journey with each other.

In the capacity of GSR for the Downtown Lunch Bunch, I attended the December Area Assembly in Farmington. A friend queried why I took the position since I have been sober for a while instead of leaving the opportunity available for someone newer in sobriety. I responded, as is often the case, "nobody else wanted it."

I very much enjoyed the committees I attended, Public Information, Treatment and GSR orientation. There was a theme that stood out for me, "How to energize your group and motivate members to engage in service work on the district and area levels."

This brought out interesting discussion and comments. What I took away from the discussion was:

- 1). Let my own enthusiasm for the benefits of service do the talking
- 2). There are many kinds of service, going to meetings, making coffee and even walking your elderly neighbor's dog
- 3). Give up my expectations of what group members should and should not do for service. (Isn't that something like "life on life's terms" and acknowledging that God is in charge.)

I'm happy to serve as GSR and of course hope to create a vibrant channel between my home group, the district, the area and GSO. How successful I will be remains to be seen. I only know I am grateful for the opportunity to be a little engine that helps AA continue to move forward.

# AA EVENTS CALENDAR THIS MONTH

**Saturday January 9 - The AA Waltz** 1:30-3:30pm. Central Office fundraiser: Bake Sale and Speaker Meeting. Monte Vista Christian Church 3501 Campus NE, Albuquerque

**Saturday January 16 - 2nd Annual Area 46 YPAA Three Legacies Workshop** 8am-noon. Potluck Breakfast, workshop on Service, Unity and Recovery. Nativity Church, 9502 4th NW, Albuquerque

**Saturday January 23 - DCM & Trusted Servant Orientation and Area Planning Meeting** 9am-noon. Hosted by Area 46. Area planning meeting will follow orientation. Shepherd of the Valley Presbyterian, 1801 Montano NW, Albuquerque

**Friday, January 29 - Spark of Light Movie Night** 7:30pm. Movie: "Hunger Games - Mockingjay Part 2" on a 12 foot screen. No cover, donations welcome. Sponsored by the Spark of Light Group of Alcoholics Anonymous. At the Heights Club, 8520 Marble NE, Albuquerque.

**Saturday January 30 - The Heartbeat of AA The Home Group Sharing Session** 9-10:30am. Topic Presentations and Q & A. Sponsored by the In The Book Group. Rio Rancho United Methodist Church 1652 Abrazo NE, Rio Rancho

## FUTURE EVENTS

**Saturday, February 13 - Valentines Potluck, Double Speaker Meeting and Dance** Potluck 7pm, please bring some food. Double Speaker Meeting 8pm. Dance 9pm-midnight. \$3 single, \$5 couple donation for Dance. 50/50 raffle w/ consolation prizes, need not be present to win. DJ Steve R. Sponsored by the Spark of Light Group of Alcoholics Anonymous. At the Heights Club, 8520 Marble NE, Albuquerque.

**Friday-Sunday March 4-6 - Area 46 Assembly** University of New Mexico Klauer (Taos) Campus, 1157 Co Rd 110, Rancho de Taos, NM. For more info: <http://www.nm-aa.org/events/march-4th-6th-area-46-assembly/>

**Friday - Sunday June 3-5, 2016 - Area 46 2016 Convention** Ghost Ranch, Abiquiu, NM. Details: <http://www.nm-aa.org/events/area-46-2016-convention-flyer-registration/>

*For more and/or updated information on Albuquerque and New Mexico AA Events go to:*

*<http://albuquerqueaa.org> and <http://www.newmexicoaa.org/>*

*For other AA events nationally and worldwide visit [www.aa.org](http://www.aa.org).*

## November 2015

### Monthly Service Activities Report

PHONE CALLS	NOV15	OCT15	NOV14
Information	364	339	405
12-Step	7	16	16
Al-Anon	8	11	1
Message	38	47	40
Other	60	66	86
TOTAL	477	479	548

### WALK INS

Information	21	13	16
12-Step	2	0	1
Al-Anon	0	1	0
Get Schedule	4	13	8
Purchase	113	156	138
Media	4	14	0
Message	2	1	1
Casual	35	34	25
Other	73	40	25
TOTAL	210	314	207

### ALBUQUERQUEAA.ORG WEB STATS

Unique Visitors	3945	4263	4240
Number of Visits			
Pages			

### DESK WORKERS\*

Regulars	42	43	43
Substitutes	23	26	32
TOTAL	65	69	75

### DESK SHIFTS\*

Weekdays	126	132	120
Weekends	45	45	50
TOTAL	171	177	170

### WEEKDAY SHIFTS\*

Worked by Regulars	101(80.6%)	103(78%)	96(80%)
Worked by Substitutes	25(19.4%)	26(20%)	24(20%)
TOTAL	126(100%)	129(98%)	120(100%)

### WEEKEND SHIFTS\*

Worked by Regulars	33(73.3%)	35(78%)	42(84%)
Worked by Substitutes	11(24.4%)	9(20%)	8(16%)
TOTAL	44(97.7%)	44(98%)	50(100%)

### NIGHT SHIFTS NOT COVERED

Weekday	0	3	0
Weekend	1	1	0

### SHIFTS NOT WORKED BY A VOLUNTEER

	15	12	16
		3 (2hr)	
TOTAL	45 hours	42 hours	48 hours

**Central Office Needs Desk Workers!** Requirements for this service opportunity are six months of sobriety, a sponsor and a home group. A desk shift at Central Office can enhance your sobriety. It can broaden your view of the service structure of your group, your district and your area. And it's fun! Call Central Office today. at 266-1900.



## 2015 (Central Office) End-Of-Year Contributions

Group and District	1st QTR	2nd QTR	3rd QTR	4th QTR	Yr. Total
AA @ the VA	\$61.30	\$1.00		\$100.00	\$162.30
AA Way of Life, The		\$82.64			\$82.64
Any Lengths Women's Group		\$360.00		\$400.00	\$760.00
Back To Basics	\$150.00				\$150.00
Basement Steps	\$60.00	\$80.00	\$80.00	\$40.00	\$260.00
Blackouts	\$100.00				\$100.00
Brownbaggers	\$321.89	\$557.01	\$490.77	\$630.00	\$1999.67
Candlelight Group	\$190.14	\$239.00	\$244.90	\$119.92	\$793.96
Children of Chaos	\$10.00	\$30.00			\$40.00
Conscious Contact			\$40.00		\$40.00
Corrales Group				\$47.00	\$47.00
Corrales Men's Stag	\$125.00	\$75.00	\$50.00	\$50.00	\$300.00
Cosmopolitan Group		\$20.00			\$20.00
Dawn Patrol	\$706.57	\$915.86	\$444.96	\$490.95	\$2355.77
District 03		\$50.00			\$50.00
District 11				\$381.05	\$381.05
District 12		\$100.00			\$100.00
District 13			\$43.00		\$43.00
District 18				\$692.00	\$692.00
Dog on the Roof Group			\$35.00	\$35.00	\$70.00
Down Under Group	\$65.00	\$40.00	\$100.00	\$70.00	\$275.00
Downtown Lunch Bunch		\$221.84	\$98.00	\$93.00	\$412.84
Drunkin' Donuts		\$150.00			\$150.00
Dry Nooners	\$138.56	\$74.37	\$75.07	\$71.47	\$359.47
East Mountain Group			\$100.00	\$100.00	\$200.00
El Centro Group		\$50.00			\$50.00
Few Simple Rules, A	\$80.00	\$40.00			\$120.00
Foothills Group	\$433.80	\$474.77	\$385.02		\$1293.59
Free Spirits Group	\$90.00	\$120.00			\$210.00
Freedom First		\$69.69		\$85.00	\$154.69
Freedon From Bondage		\$223.00		\$300.00	\$523.00
Friday Night Men's Meeting				\$68.05	\$68.05
Friday Night Smokeless				\$200.00	\$200.00
Gay Crowd, The				\$17.00	\$17.00
Goodfellahs	\$181.75	\$80.00		\$40.00	\$301.75
Grateful Girls		\$99.94		\$50.22	\$150.16
Happy Destiny			\$1500.00		\$1500.00
Happy Hour Group		\$17.11	\$47.99		\$65.10
High Country Group		\$50.00			\$50.00
High Noon Group	\$90.00	\$90.00	\$90.00		\$270.00
Highway 44 Group				\$6.50	\$6.50
How It Works	\$130.40	\$145.00		\$59.00	\$334.40
In the Book	\$65.00		\$135.00		\$200.00
Isleta Group	\$46.75	\$49.95	\$51.22	\$64.85	\$212.77
Jemez Springs Group				\$25.00	\$25.00
Jemez Valley Group	\$100.00				\$100.00
Keep It Simple	\$50.00		\$58.00	\$26.00	\$84.00
Ladies Room	\$69.00		\$126.00	\$138.35	\$333.35
Live and Let Live	\$20.00	\$56.00	\$73.00	\$32.00	\$181.00
Lone Rangers	\$210.00	\$224.00	\$164.50		\$598.50
Los Lunas Ladies Meeting		\$20.00	\$4.58		\$24.58
Lunch Box, The	\$33.00	\$50.00	\$50.00	\$100.00	\$223.00
Metropolitan Group	\$15.00	\$20.00	\$20.00	\$20.00	\$75.00
Miracles Group				\$300.00	\$300.00
New Frontier, A			\$28.00		\$28.00
North Valley Group		\$51.18			\$51.18
Old 66 Group			\$130.00		\$130.00
One Day @ a Time			\$360.49	\$285.60	\$646.09
Out to Lunch Bunch			\$18.00		\$18.00
Penny Lane Group	\$200.00				\$200.00
Promises Group	\$63.13	\$75.00		\$210.50	\$348.63
Queer Ideas of Fun	\$300.00				\$300.00
Raymac Group		\$10.00		\$10.00	\$20.00
Rebellion Dogs			\$100.00		\$100.00
Rio Amigos		\$40.00	\$40.00	\$80.00	\$160.00
Rio Rancho Beginners	\$79.93	\$79.85	\$26.32	\$61.76	\$247.86
Seeking Serenity Group		\$250.00	\$250.00	\$300.00	\$800.00
Serendipity Group	\$257.93		\$203.82	\$304.08	\$765.83
Serenity Group	\$72.38	\$58.57	\$75.15	\$88.36	\$294.46
Share the Legacy Group			\$50.00	\$33.00	\$83.00
Singleness of Purpose	\$80.00				\$80.00
SOS Monday Night	\$100.00				\$100.00
Spirituality Without Borders		\$29.10		\$20.00	\$49.10
Sponsorship and Growth			\$135.22	\$116.69	\$251.91
Stag	\$50.00	\$35.00	\$75.00	\$150.00	\$310.00
Staying Sober @ Sunrise			\$300.00		\$300.00
Step Along with AA			\$60.00		\$60.00
Still Seeking Serenity	\$20.00	\$90.80		\$45.00	\$155.80
Straight Pepper Diet				\$156.30	\$156.30
Strange Mental Blank Spots		\$153.25	\$68.15	\$114.89	\$335.89
Sunday Night Serenity	\$100.00		\$150.00	\$70.00	\$320.00

Sunday Night Step Study		\$174.65		\$246.81	\$421.46
Sunrise Catchers Group		\$131.15		\$28.39	\$159.54
There Is a Solution	\$40.00	\$40.00	\$40.00	\$40.00	\$160.00
Thinking Straight				\$100.00	\$100.00
Three Legacies Group	\$50.00		\$50.00	\$50.00	\$150.00
Too Much For Us	\$63.00	\$80.00	\$53.00	\$59.00	\$255.00
Tuesday 12 X 12			\$30.00		\$30.00
Upon Awakening		\$74.00		\$135.00	\$209.00
Wake Up Call	\$302.26	\$472.71	\$313.29	\$289.38	\$1377.57
Westside Group	\$25.97	\$225.20	\$298.17	\$313.80	\$863.14
Westside Noon	\$80.00				\$80.00
Who Has the Keys		\$69.70		\$85.00	\$154.70
Women in Progress		\$250.00			\$250.00
Women's Group		\$30.00		\$99.00	\$129.00
Women's Noon Gratitude	\$20.00		\$100.55	\$57.30	\$177.85
Young People's Sunday Night	\$18.75			\$18.61	\$37.36
97 Groups and Districts	1st QTR	2nd QTR	3rd QTR	4th QTR	Yr. Total
	\$6222.76	\$6748.17	\$7880.80	7499.47	\$28260.81

## Tradition One Checklist

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

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**Tradition One: Our common welfare should come first; personal recovery depends upon AA unity.**

Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other member's inventories?

Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument?

Am I gentle with those who rub me the wrong way, or am I abrasive?

Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?

Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?

Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?

Am I as considerate of AA members as I want them to be of me?

Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?

Do I go to enough AA meetings or read enough AA literature to really keep in touch?

Do I share with AA all of me, the bad and the good, accepting as well as giving the help of the fellowship?

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## Albuquerque Intergroup Central Office

1921 Alvarado NE  
2 blocks north of Constitution and  
4 blocks east of San Mateo

**(505) 266-1900**

**[www.AlbuquerqueAA.org](http://www.AlbuquerqueAA.org)**

Hours:  
Monday through Friday  
8 am to 10 pm  
Saturday and Sunday  
9 am to 9 pm