

Pass It On...

Albuquerque Intergroup Central Office Newsletter www.albuquerqueaa.org

"I'll never forget the first time I met Bill Wilson. I was a couple months sober and so excited, so thrilled to actually meet the cofounder that I gushed all over him with what my sobriety meant to me and my undying gratitude for his starting A.A. When I ran down, he took my hand in his and said simply, 'Pass it on.'" -FROM A LETTER TO THE A.A. GENERAL SERVICE OFFICE

Step 1: *"We admitted we were powerless over alcohol—that our lives had become unmanageable."*

We believe, and so suggested a few years ago, that the action of alcohol on these chronic alcoholics is a manifestation of an allergy; that the phenomenon of craving is limited to this class and never occurs in the average temperate drinker. These allergic types can never safely use alcohol in any form at all; and once having formed the habit and found they cannot break it, once having lost their self-confidence, their reliance upon things human, their problems pile up on them and become astonishingly difficult to solve.

Men and women drink essentially because they like the effect produced by alcohol. The sensation is so elusive that while they admit it is injurious, they cannot after a time differentiate the true from the false. To them, their alcoholic life seems the only normal one. They are restless, irritable and discontented, unless they can again experience the sense of ease and comfort which comes at once by taking a few drinks—drinks which they see others taking with impunity. After they have succumbed to the desire again, as so many do, and the phenomenon of craving develops, they pass through the well-known stages of a spree, emerging remorseful, with a firm resolution not to drink again. This is repeated over and over, an unless this person can experience an entire psychic change there is very little hope of his recovery.

There are many situations which arise out of the phenomenon of craving which cause men to make the supreme sacrifice rather than continue to fight.

-Alcoholics Anonymous pages xxviii-xxx—The Doctor's Opinion

Tradition 1 (long form):

"Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward."

The unity of Alcoholics Anonymous is the most cherished quality our Society has. Our lives, the lives of all to come, depend squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A. would cease to beat; our world arteries would no longer carry the life-giving grace of God; His gift to us would be spent aimlessly. Back again in their caves, alcoholics would reproach us and say, What a great thing A.A. might have been!"

"Does this mean," some will anxiously ask, "that in A.A. the individual doesn't count for much? Is he to be dominated by his group and swallowed up in it?" We may certainly answer this question with a loud "No!" We believe there isn't a fellowship on earth which lavishes more devoted care upon its individual members; surely there is none which more jealously guards the individual's right to think, talk, and act as he wishes. No A.A. can compel another to do anything; nobody can be punished or expelled. Our Twelve Steps to recovery are suggestions; the Twelve Traditions which guarantee A.A.'s unity contain not a single "Don't." They repeatedly say "We ought..." but never "You must!"

Those who look closely soon have the key to this strange paradox. The A.A. member has to conform to the principles of recovery. His life actually depends upon obedience to spiritual principles.

-12 Steps & 12 Traditions p129 & 130

Concept 1: *"Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship."*

Alcoholics Anonymous has been called an upside-down organization because the "ultimate responsibility and final authority for...world services" resides with the groups—rather than with the trustees of the General Service Board or the General Service Office in New York.

In Concept 1, Bill traces how this came to be. The first step in 1938 was "the creation of a trusteeship," first called the Alcoholic Foundation, renamed in 1954 the General Service Board. Why? To perform the services the groups could not do for themselves: e.g., uniform literature, uniform public information about A.A., helping new groups get started, sharing with them the experience of established groups, handling pleas for help, publishing a national magazine, and carrying the message in other languages and in other countries. A service office was formed to carry on these functions under the board's direction. Both the board and the office looked to the co-founders, Bill and Dr. Bob, for policy leadership.

In the midst of the "exuberant success" of early A.A., Dr. Bob became fatally ill and Bill asked, "When Dr. Bob and I are gone, who would then advise the trustees and the office?" The answer, Bill felt, was to be found in the collective conscience of the A.A. groups.

-12 Concepts for World Service Illustrated

A NOTE FROM THE OUTGOING EDITOR...

WELL, HERE IT IS. MY LAST ISSUE (AGAIN) AS EDITOR MONKEY OF YOUR PASS IT ON. I'D LIKE TO TAKE THIS SPACE TO THANK EVERYONE WHO HAS CONTRIBUTED TO, COMMENTED ON, WRITTEN FOR, READ, AND MOST IMPORTANTLY, PASSED ON TO OTHERS, AN ISSUE OF THIS FINE RAG. THANK YOU FOR ALLOWING ME TO SERVE AND MEET YOU. THANK YOU FOR TEACHING ME SO MUCH ABOUT OUR FELLOWSHIP, COMMITMENT, PATIENCE, GRATITUDE, AND (HOPEFULLY) A LITTLE BIT ABOUT HUMILITY TOO.—JK

YOU'RE DOING IT WRONG

When I was sober 12 years I decided to move from my home in Chicago to Albuquerque, New Mexico to pursue a new life. I left behind a great home group, a great sponsor, great friends, a great job and a great city. I brought with me a sizable chip on my shoulder. I never gave Albuquerque a fair chance. Wherever I went I would prattle on about how much better Chicago did things. We drove better, ate better, got sober better, lived better etc. I would show up in meetings and complain about how I wasn't given a proper welcome. My resentment started soon after.

When I was called on to speak I would go on about how we did it back home. Essentially my contribution amounted to nothing other than, "I'm Jason, I'm an alcoholic, and you're doing it wrong." It didn't take long for people to tire of this, which meant I had to try harder to force my opinions on people. I would attend group conscience meetings just to further my belittling of Albuquerque and it's A.A. fellowship. Again, it didn't take long for me to earn a reputation and a nickname that I felt was unfairly bestowed by heathens who didn't know any better.

While this was happening I was expanding my spiritual horizons. I was reading new books, learning new ways to think and meditate, and slowly losing faith in God. The more I could sit and be quiet, the more I felt that I was outgrowing the spiritual "training wheels" of A.A. I felt like I had finally grown to be a beautiful, exotic flower that was unfortunately stuck to ugly, stupid roots. I decided to remove myself from the roots; and just as I had come to believe before, I had now come to un-believe. I was without a God.

My meeting attendance was dropping off rapidly. I started telling myself I was only going there to be of service, to meet the new guy who needed to know what real A.A. was. I went to a meeting to get my 14 year medallion, and wasn't called on. I didn't get to announce my monumental accomplishment, and I was furious. I didn't go to another meeting between then and after my 15th year. I found myself very long in time without alcohol, and very, very short in sobriety. I had a full-grown whopper of a resentment against Albuquerque and it's A.A.

It didn't take long with this self-driven, resentful state of mind that the new life I had come here to pursue fell to pieces. I was shattered. I found myself totally alone. I was almost as miserable as those last months of drinking. I would wake up crying, and I would go to sleep crying. I was having panic attacks, and I had absolutely no hope whatsoever. One morning in particular I collapsed, crying, in my shower. I laid there while as the water heater drained, until the water was freezing cold. Still I couldn't move. I laid in the freezing water crying. I knew for sure I was going to die, alone...miserable.

I needed help, so I called a normie who I used to work with and told her of my panic attacks and asked if she could give me some kind of pill, something that

Central Office Intergroup
Steering Committee

Jeremy H. Chair
Chair@albuquerqueaa.org

Morgan D. Secretary
Secretary@albuquerqueaa.org

Open Treasurer
Treasurer@albuquerqueaa.org

Michael Q. Schedule Editor
Schedule@albuquerqueaa.org

Peggy A. Member-at-Large
MemberAtLarge@albuquerqueaa.org

Steven R. Pass It On Editor
PassItOn@albuquerqueaa.org

Jerry R. Special Needs Coordinator
SpecialNeeds@albuquerqueaa.org

Alli V. Web Site Chair
Web@albuquerqueaa.org

Al J. Media Librarian
Media@albuquerqueaa.org

Don S. Community Outreach
PublicInfo@albuquerqueaa.org

Michael W. CO Coordinator
Coordinator@albuquerqueaa.org

Kathy H. Alternate CO Coordinator
AltCoordinator@albuquerqueaa.org

Albuquerque Area
Business Meetings

Intergroup Rep. Meeting
2 pm, 2nd Sunday, Brownbaggers

District 3
2 pm, 2nd Saturday
Call the DCM for location

District 11
9 am, 2nd Saturday
Harwood Methodist Church
420 San Lorenzo NW (at 4th)

District 12
10 am, 2nd Saturday, Heights Club

District 13
10am, 2nd Saturday, St Thomas of Canterbury
425 University Blvd NE (1 blk N of MLK Blvd)

District 18
1:30 pm, 2nd Sunday
RioWestChurch, 6751 Pasilla Rd, Rio Rancho

Excerpts from Alcoholics Anonymous, Twelve Steps and Twelve Traditions, and Living Sober, are reprinted with permission of A.A.W.S., Inc. Excerpts from The Grapevine, are printed with permission of the AA Grapevine Inc.

would fix me. Shortly thereafter I was sitting at my empty desk; empty save for the single blue pill that sat in the middle. I stared at that pill for a couple hours. I knew that if I took it I couldn't call myself "sober," yet I didn't know how I would make it through another day without it. I needed someone to talk to about this, and I remembered an old A.A. friend whom I had met years ago and wondered if he was still sober. I set out to find him.

I rode my bike to the Desert Club in search of someone "cool enough" for me to hang out with (which meant listen to me cry about my problems). The moment the club came into view I was immediately filled with hatred, venom, rage. I screamed "No!" I rode on, but circled the block. The second time I came by the club, I only said "No," I didn't scream. The third time around the block I decided that I would sit on the bench out front to wait for my old friend. I was so full of anger and fear. I was more lost with 15 and a half years sober than I had been drinking. I knew that if my friend didn't show up the gig was up; I would off myself.

The next thing that happened is something I hope I never forget: A fellow I had never seen before walked up to me, put out his hand, and said, "Hello there. I'm M-." I lost it at that moment. I vaguely remembered introducing myself in that way to people, and had a slight sense of the happiness I used to know. I went in to the meeting and started a new journey of sobriety; one infinitely more rewarding than anything I could have ever imagined.

Within a couple days I fell to my knees to recite the Third Step prayer, and meant it like I had never meant it before. I bought a new big book and re-read it like I'd never read it before. I went back through the steps with a sponsor. I was going to meetings every day again. Suddenly I had something new in my sobriety; something I hadn't experienced like this before: Gratitude for A.A.

This new gratitude is expressed in action. I have a homegroup (which I think is the greatest meeting on the planet) where I served as the G.S.R. and was blessed to meet the real winners in A.A., those who attend the district meetings and area assemblies. Earlier in my sobriety I couldn't do this because I was too bothered by all the "politicians" in A.A. who filled these meetings. What I couldn't understand then was that the people who are serving in this capacity are filled with love for A.A. and want to make that message available to all who suffer. They understand that carrying the message doesn't mean sitting around waiting for the newcomers to appear. They had gratitude expressed as action. I attend workshops. And most importantly, I try to shake the hands and say hello to anyone who walks into the doors of my regular meetings; because I remember the man who saved my life by doing that very same thing. And you know what? Since doing these things, I have found a home in Albuquerque. I love it here.

A thought occurred to me tonight at my homegroup. Sometimes that old tendency to get resentful at A.A. comes back. Watching everyone with their noses glued to their phones, texting and playing games, seeing all those who wouldn't lift a finger to help another alcoholic or A.A. if it wasn't convenient or glamorous, I start to think about how, "You're doing it wrong" all over again. What this really is, I know now, is my own judgmental condemnation. I have since come to understand that when I start judging others it is I who is doing it wrong. Then the thought occurred to me that gratitude, expressed as action, allows me to serve these people too; and isn't that really a blessing? God and this fellowship has chosen me to do what I can, and they cannot. I have a purpose in my life today. I have been given the power to literally save lives, whether in handshake form or spending my time in committee meetings. This wonderful program has saved my life more than once, and I am truly blessed with the opportunity to give back. I love Alcoholics Anonymous.

—Anonymous

A NOTE FROM THE INCOMING EDITOR...

I'D LIKE TO THANK INTERGROUP/CENTRAL OFFICE FOR THIS OPPORTUNITY TO BE OF SERVICE TO THE ALBUQUERQUE AA COMMUNITY AND ALSO JASON FOR HIS HELP, PATIENCE, AND UNDERSTANDING DURING THIS (SOMEWHAT UNCOORDINATED) PERIOD OF TRANSITION FROM ONE PIO EDITOR TO ANOTHER. I AM LOOKING FORWARD TO WORKING WITH INTERGROUP, CENTRAL OFFICE AND ESPECIALLY ALL THE INDIVIDUALS, GROUPS AND DISTRICTS THAT COMPRISE THE AUDIENCE THAT THIS PUBLICATION REACHES. LIKE MY SOBRIETY, I CANNOT DO THIS ALONE. PLEASE HELP ME WITH SUGGESTIONS, SUBMISSIONS OF ARTICLES-STORIES-SOBRIETY BIRTHDAYS, AND BEAR WITH ME AS I STRIVE TO MAINTAIN AND EVENTUALLY IMPROVE UPON THE QUALITY OF THIS NEWSLETTER AND THE LOCAL IMPACT IT HAS ON OUR FELLOWSHIP.

- STEVE R.

**HAPPY NEW YEAR!
PRACTICE GRATITUDE AND STAY SOBER!**



Central Office encourages all groups to elect an Intergroup representative. Join us at the next Intergroup meeting the second Sunday of every month, at 2 pm, at the Brownbaggers.



Intergroup Rep Meeting Minutes

Dec 11, 2011

Submitted By Morgan D

I. OPEN/ATTENDEES

Morgan D-Straight Pepper Diet • Mark E-New Frontier • Jason K-Straight Pepper Diet • Don S-Tuesday Knights Stag • Bernie J-Singleness of Purpose • Kris O-Serenity • Alli V-Singleness of Purpose • Michael W-Too Much for Us • Greg A-District 11 • Kris H-Dawn Patrol • Heather G-Queer Ideas of Fun • Nick B-Brown Baggers • Martha M-Promises • Christy O-Promises • Ally T-Straight Pepper Diet • Kristen E-Free Spirits • Maddy L-District 18 • Kathy H-Peggy A-Free Spirits • Steve P-Free Spirits • Al J-Seeking Serenity • Janet B-ODAAAT • George P-Free Spirits • Bill D-Seeking Serenity • Cindy B-Dawn/Dusk Patrol • Skitch F-Isleta • Alan M-Happy Hour • Jeremy H-Straight Pepper Diet

II. MINUTES

- Addendum: Under treasurer report, change the ""explain"" to "examine" (without quotes). Passed.

III. TREASURER'S REPORT

- Total Revenues: \$8,372.60
- Cost of Sales: \$3,145.13
- Gross Income: \$5,227.63
- Total Expenses: \$5,314.14
- Net Income: \$(86.51) In the red
- We are not making enough money, but we don't owe anyone any money. I think we have a problem with the cost of sales, and we are down about \$4,000 for the year rather than the \$10,617.49 total in the report.
- The audit will look at all of these numbers, and find out what the right amount is. We will also be looking at a new program to use rather than Peach Tree which is really old.
- Passed.

IV. CENTRAL OFFICE COORDINATOR'S & ALT. COORDINATOR'S REPORT

- Central Office went to literature workshop hosted by district 11. Went to assembly in Belen and presented a motion to affirm Central Office has a voice in area. Motion passes at first, but minority opinion was spoken and motion failed. Michael was asked to chair next ad-hoc committee and he declined. Felt that after 3 strikes you're out. Donated 100 pamphlets for GSR, and for the newcomers workshop put on by district 11. GSO approved Big Book and 12x12 are now available for iPhones and iPads—the Android versions will follow soon. At the Intergroup seminar the Grapevine chair assured us our existing account would be honored. So we will see if that will happen.
- Monday and Tuesday night phones have been covered. Calls: 826. Walk Ins: 397. Web hits: 2725. Thankfully Michael and I have had to fill in for less shifts this last month

V. MEMBER AT LARGE

- No report.

VI. PASS IT ON

- This is my last issue of Pass it on. Help the new editor; please submit articles and other stuff. It has been very difficult to get submissions.

VII. SCHEDULES

- No report.

VIII. COMMUNITY OUTREACH

- No report.

!! HAPPY SOBRIETY BIRTHDAY !!

Seeking Serenity: Joanne R. 6 months, Ron M. 1 year, Jim B. 1 year, Carol H. 2 years, Nancy A. 6 years and Terri R. 7 years! One day at a time!
Please submit your group's sobriety birthdays to
passiton@albuquerqueaa.org

IX. WEB SITE

- No report.

X. MEDIA LIBRARIAN

- Finished media catalog. Working on copying cds.

XI. SPECIAL NEEDS

- No report.

XII. OLD BUSINESS

- None.

XIII. NEW BUSINESS

- Elections: Nominating Committee: Cindy, Chris, and Kristen. Kristen read election procedures, qualifications, and duties of steering committee members: All members: Have experience with Central office/IG, come to Steering committee and IG meetings, sobriety, etc.
- Chair: Jeremy is standing again. No others standing. Accepted by acclimation: Jeremy.
- Secretary: Morgan is standing again. No others standing. Accepted by acclimation: Morgan.
- Treasurer: No one has been found from nominating committee. Looking for people that meet all the requirements and have the experience with accounting that is preferred. They also need to have the time to do it. This is a hard job to fill, due to it taking 6-8 hours a week as well as experience with finances. Will this group please look for someone that could be treasurer and Steve will fill in until we find a new treasurer. We have someone that is willing, but they don't meet the sobriety or experience qualifications. We want to offer the position to him, but we will wait until we talk to him and then vote on waive the requirements. Kristen will call him after and talk to him about it.
- Special Needs: Jerry is standing again. No others standing. Accepted by acclimation: Jerry.
- Pass It On Editor: Nominating committee found Steven R. who is willing to take on position. He wrote an email wanting to take position even though he could not come to the elections. Motion Jason: Waive previous experience requirement so he can take on position. 2nd: Don S. Passes. Vote to elect Steven R. as new PIO editor. Passes
- Schedule Editor: Michael is standing again. No others standing. Accepted by acclimation: Michael.
- Media Librarian: Al is standing again. No others standing. Accepted by acclimation: Al.
- Community Outreach Chair. Nominating committee found Don S. that is willing to stand for the position. Vote to elect Don S. as the new Community Outreach Chair—passes.
- Web Site Guardian: Alli is standing again. No others standing. Accepted by acclimation: Alli.
- Member at Large. Peggy is standing again. No others standing. Accepted by acclimation: Peggy.

XIV. GROUP ANNOUNCEMENTS

- Straight Pepper Diet: December 23rd at 8pm. Candlelight meeting with holiday treats.
- El Centro is having an anniversary celebration. Flyer to come.
- Serenity Group is having Candle light meeting and Pot luck December 12th at 6pm.
- State Corrections orientation will be Saturday January 21, 2012 from 8am-12pm. This will be at Legacy Church.
- Mesa Group 31st of December candle light meeting at 9 pm with Pot luck.

XV. CLOSE

- @ 1529.



Central Office Urgently Needs Desk Workers

Requirements for this service opportunity are six months of sobriety, a sponsor and a home group. A desk shift at Central Office can enhance your sobriety. It can broaden your view of the service structure of your group, your district and your area. And it's fun!

Call Central Office today
at 266-1900.

November 2011 Treasurer's Report

Total Revenues	\$8,372.76
Cost of Sales	\$3,145.13
Gross Income	\$5,227.63
Expenses	\$5314.14
NET INCOME (month)	\$-86.51
NET INCOME (YTD)	\$-10,618.27

For a copy of the full Central Office income/expense report, join us at the next Intergroup Meeting on the second Sunday of the month, 2 pm, at the Brownbaggers.

Archives Alert!

I'm Manuel and I am an Alcoholic,

I am the new archivist for District 3. That's all groups that fall along the line from Cosmopolitan Group to Soccoro. Albuquerque, Belen, Las Lunas, Magdalena, Peralta & Soccoro. If I missed your group and you know your in district 3 this message is for your group too.

Please at your next Group Conscience if you can write out a Group History, when started, by whom, locations group has been, a picture of your meeting place, members past and present, group officers, meeting address, meeting days and times.. I'll start a file on all groups in District 3 for our district archives. My address is:

Manuel P.
P.O. Box 72583
Albuquerque, NM
87195

Corrections Corner

The District 3 Corrections Committee is looking for AA members, men and women like you, who are willing to help make it possible for the AA message to be carried to those on the "inside." Taking meetings into correctional facilities is not for everyone. Jim P. lived and breathed Step 12, but he couldn't go inside. Because of his own story of finding recovery inside the Kansas State Penitentiary, he wanted to but he couldn't stand the sound of the steel doors locking. But did you know you don't have to go inside to do corrections service work?

Now there's a rewarding and barely ever mentioned form of Twelve Step work that's "a special kind of AA service." In Corrections Correspondence AA members on the "outside" correspond with AA members in correctional facilities. Like sponsorship, it is suggested that men correspond with men and women with women. District 3 Corrections wants to support and facilitate Corrections Correspondence and is planning Pen & Paper Pot Lucks. The DCM and Corrections Chair are working on a date for the first one. Watch for more information in our AA service newsletters. You do not need to be in District 3 to participate. All you need is a desire to share your experience, strength and hope with A.A.s who are confined.

-Skitch F.

November 2011 Monthly Service Activities Report

PHONE CALLS	OCT 11	NOV 11	NOV 10
Information	617	629	749
12-Step	24	26	21
Al-Anon	7	17	12
Message	20	47	25
Other	116	107	104
TOTAL	763	826	911

WALK INS

Information	15	128	10
12-Step	0	6	0
Al-Anon	0	0	0
Get Schedule	13	13	12
Purchase	161	168	146
Media	2	1	2
Message	2	2	1
Casual	26	33	24
Other	27	46	17
TOTAL	228	397	212

ALBUQUERQUEAA.ORG WEB STATS

Unique Visitors	2695	2741	2180
Number of Visits per Visitor	4980/1.84	5178/1.88	n/a
Pages viewed	24266	21998	n/a

DESK WORKERS*

Regulars	53	49	52
Substitutes	25	40	40
TOTAL	78	89	92

DESK SHIFTS*

Weekdays	132	132	132
Weekends	40	40	50
TOTAL	172	172	182

WEEKDAY SHIFTS*

Worked by Regulars	116(84%)	115(87%)	111(85%)
Worked by Substitutes	22(16%)	17(13%)	21(15%)
TOTAL	138	132	132

WEEKEND SHIFTS*

Worked by Regulars	29(72%)	29(72%)	39(78%)
Worked by Substitutes	11(28%)	11(28%)	11(22%)
TOTAL	40	40	50

SHIFTS WORKED BY MICHAEL

3 hour shifts	1@3hrs	1@3hrs	n/a
2 hour shifts (n/a)	0	n/a	n/a
Night phone (n/a)	0	n/a	n/a

SHIFTS WORKED BY KATHY

3 hour shifts (n/a)	5@3hrs	5@3hrs	n/a
2 hour shifts (n/a)	0	n/a	n/a
Night phone (n/a)	0	n/a	n/a
TOTAL	18	18	n/a

*INCLUDES NIGHT PHONE

WHEN I WAS DRINKING, I WAS EXTREMELY SUICIDAL.
LUCKILY, I WAS ALSO A WORLD-CLASS PROCRASTINATOR.



We must carry the message, else we ourselves can wither, and those who haven't been given the truth may die. —As Bill Sees It, pg 13



Carry the Message

Train to bring the message to corrections facilities.

Whether you are currently involved in corrections service work, have been involved in the past, or have considered becoming involved, this is a mandatory training to be cleared for bringing meetings into New Mexico state correction facilities.

Saturday, January 21, 2012

8am - 12pm

New Beginnings Church

3601 Montgomery Blvd NE *at Carlisle Blvd NE*

Albuquerque

Albuquerque Central Office
1921 Alvarado NE
Albuquerque, NM 87110
{505} 266-1900
www.AlbuquerqueAA.org
ADDRESS CORRECTION REQUESTED

Subscribe Today!

Pass It On Subscription \$7.00 Annually

Name _____

Address _____

City _____ State _____ Zip _____

This is a gift, please sign my name on the card:

Name _____



Become a Faithful Fiver !!
Pledge \$5 a month to Central Office and
you'll get Pass It On delivered to your door.

Please make checks payable to Central Office of Albuquerque.
Mail your check or come by the office and drop it off.
1921 Alvarado NE, Albuquerque, NM 87110



Albuquerque
Intergroup
Central Office

Hours:
Monday through Friday
8 am to 10 pm
Saturday and Sunday
9 am to 9 pm

*

The Office is at
1921 Alvarado NE,
two blocks north
of Constitution and
four blocks east
of San Mateo.
www.AlbuquerqueAA.org