

JOIN US ON OCTOBER 28<sup>TH</sup>

for the District 18

Fall Workshop on

# EMOTIONAL SOBRIETY

Hosted by the "Wake-Up Call" & "Drunkin' Donuts" AA groups

6

Speakers  
discuss  
their  
experience  
in life and  
how AA has  
helped in their  
own  
Emotional Sobriety.

Following each speaker  
there will be small group  
discussions on the topic  
just presented.

9-9:30 Coffee & fellowship

9:30-noonish Workshop

12-12:45 Lunch

1-3pm Workshop, raffle, wrap-up

St. Thomas Aquinas Church

1502 Sara Rd. SE

Rio Rancho, NM 87124

Main lunch course provided. Please  
bring side dishes, desserts, etc.

Contacts: Mike C. 505-321-8317

Chris H. 505-999-6954